

[TO BE PUBLISHED IN PART II, SECTION 3, SUB SECTION (i) OF THE GAZETTE OF INDIA, EXTRAORDINARY]

Government of India  
Ministry of Personnel, Public Grievances and Pensions  
Department of Personnel and Training

New Delhi, the 19<sup>th</sup> February, 2013.

**Notification**

G.S.R.....(E). - In exercise of the powers conferred by sub-section (1) of section 3 of the All India Services Act, 1951 (61 of 1951), the Central Government, after consultation with the Governments of the States concerned, hereby makes the following rules further to amend the All India Services (Performance Appraisal Report) Rules, 2007, namely:-

1. (1) These rules may be called the All India Services (Performance Appraisal Report) Amendment Rules, 2013.

(2) They shall come into force on the date of their publication in Official Gazette.

2. In the All India Services (Performance Appraisal Report) Rules, 2007, in Schedule III, for Form IV, the following Form shall be substituted, namely:-

**"Form IV**  
[See rule 3]

**The All India Services (Performance Appraisal Report) Rules, 2007**

**PROFORMA FOR HEALTH CHECK UP**

**Date:**

**Name**

**Age**

**Sex: M/F**

**A. Investigations Reports**

1.	<p><b>Haemogram</b></p> <ul style="list-style-type: none"> <li>(i) Haemoglobin</li> <li>(ii) TLC</li> <li>(iii) DLC <ul style="list-style-type: none"> <li>(a) Polymorphs</li> <li>(b) Lymphocytes</li> <li>(c) Eosinophils</li> <li>(d) Basophils</li> <li>(e) Monocytes</li> </ul> </li> </ul>
----	--

	(iv) Peripheral Smear
2.	<b>Urine Examination</b>  (i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic Exam.
3.	<b>Blood Sugar</b>  (i) Fasting (ii) Post-Prandial
4.	<b>Lipid Profile</b>  (i) Total Cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol (iv) VLDL Cholesterol (v) Triglycerides
5.	<b>Liver Function Tests</b>  (i) S. Bilirubin (Total) (ii) S. Bilirubin (Direct) (iii) S.G.O.T. (iv) S.G.P.T.
6.	<b>Kidney Function Tests</b>  (i) Blood Urea (ii) S. Creatinine (iii) S. Uric Acid
7.	<b>Cardiac Profile</b>  (i) S.LDH (ii) CK-MB (iii) S.CRP (iv) SGOT  <b>For Men</b>  (v) PSA  <b>For Women</b>  (vi) PAP SMEAR
8.	X-Ray-Chest PA View Report
9.	ECG Report
10.	USG Abdomen Report
11.	TMT Report
12.	Mammography Report (Women)

13.	<b>Gynaecological Health Check Up</b> (i) Pelvic Examination (a) Local Examination (b) Per Vaginum (P/V) (c) Per Speculum (ii) Surgical Examination (iii) Breast Examination
14.	(i) Urological Examination (For Men Only) (ii) Rectal Examination (For Men Only)
15.	<b>Systemic Examination</b> (i) Resp System (ii) CVS (iii) Abdomen (iv) CNS (v) Locomotor System (vi) Dental Examination
16.	<b>Eye Examination</b> (i) Distant Vision (ii) Vision with Glasses (iii) Colour Vision (iv) Tonometry (v) Fundus Examination
17.	<b>ENT</b> (i) Oral Cavity (ii) Nose (iii) Throat (iv) Larynx

**B. Medical Report of the Officer**

1.	Haemoglobin level of the officer	Normal/Low
2.	Blood Sugar Level	Satisfactory/Normal/High/Low
3.	Cholesterol level of the officer	Normal/High/Low
4.	Liver functioning	Satisfactory/normal/dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal/enlarged/blocked/not normal

**C: Summary of Medical Report (only copy of this part is to be attached to PAR)**

1.	Overall Health of the Officer	
2.	Any other remarks based on the health medical check up of the officer	
3.	Health profile grading	

Date:

Signature of Medical Authority  
Designation

[F.No.11059/03/2012-AIS-III]

*Navneet Misra*  
(Navneet Misra)

Under Secretary to the Government of India

**Note.** - The principal rules were published in the Gazette of India, Extraordinary vide G.S.R. No. 197 (E) dated 14<sup>th</sup> March, 2007 and last amended vide notification No.11059/18/2002-AIS-III dated 16<sup>th</sup> April, 2007 in the Gazette of India, Extraordinary, G.S.R.No. 296(E).

To

The Manager,  
Govt. of India Press,  
Ring Road, Mayapuri, New Delhi.

No. 11059/03/2012-AIS-III  
Copy to:-

New Delhi, the 19<sup>th</sup> February, 2013.

1. The Chief Secretaries to the Govts. of all the States
2. UTS Desk/IPS-II Section, Ministry of Home Affairs, North Block, New Delhi.
3. Forest Services Division, Ministry of Environment & Forests, Paryavaran Bhavan, New Delhi.
4. NIC, DOP&T.