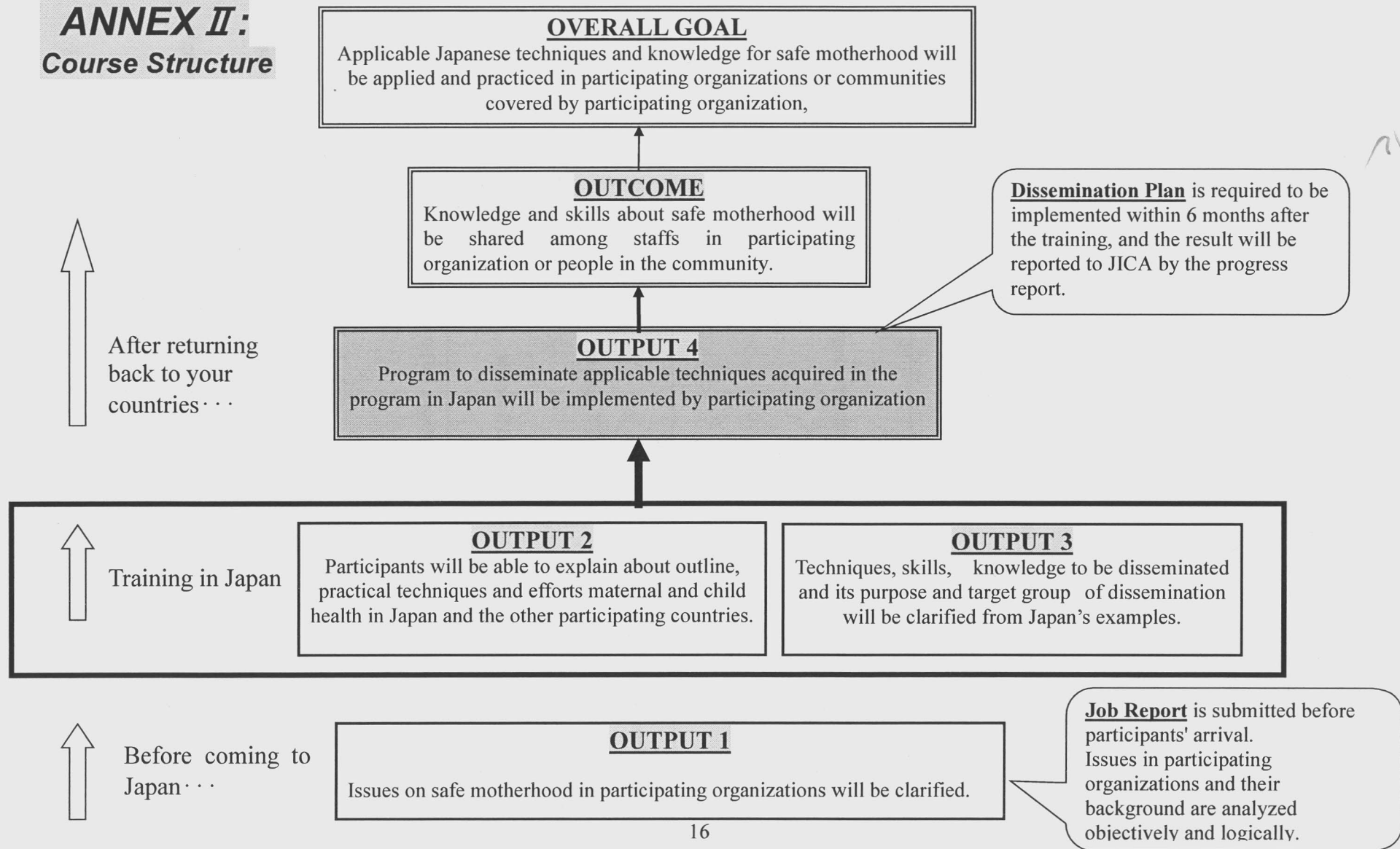


**ANNEX II:
Course Structure**



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26ANNEX III: The Previous training's Schedule 2010 (For your reference)

Date		Time	Type	Subject	Place to Stay & Phone No.
1/16	MON			Arrival in Japan	JICA Osaka
17	TUE	9:15-15:30		JICA Osaka Orientation	
18	WED	10:00-15:00	L	General Orientation Japanese Education, History & Culture, Political & Administration System in Japan	
		15:20-16:20		Return Flight Meeting	
		17:00-18:30		Japanese Language Course	
19	THU	10:45-13:00		Health Check-up / Vaccination	
		13:30-16:30		Exchange Program	
		17:00-18:30		Japanese Language Course	
20	FRI	10:00-11:30	D	INFJ/JICA Program Orientation	
		13:00-17:00	D	Job Report Presentation & Workshop "Midwife- Definition, Roles and Responsibilities"	
21	SAT		N		
22	SUN		N		
23	MON	9:30-12:00	L	Japan's Prenatal Care	
		13:30-16:00	L/O	Basic Nursing and Midwifery Education in Japan	
24	TUE	10:00-12:00	L	Dissemination Plan I	
		13:30-16:30	D	Opening Dialogue, Meeting with Lecturers & Instructors of Training Institutions	
25	WED	9:00-9:30	L	Aiiku Group Activity	
		9:30-11:30	O	Observation of Furuichi Aiiku Group Activity (Leaders Meeting) and Exchange Program	
			L	Maternal and Child Health Service in Sasayama City	
			O	Child-rearing Consultation	

				Service		
26	THU	9:00-12:00	O/P	Observation: Prenatal Care Facility I <Tertiary General Hospital>	JICA Tokyo	
		14:00-16:30	O/D	Observation: Prenatal Care Facility I <Clinic>		
27	FRI	10:00-16:00	D	Documentary Movie Viewing "Le Premier Cri" & Workshop "Safe Motherhood"		
28	SAT	N				
29	SUN			Move to Tokyo Observation: Tokyo Tower		
30	MON	9:30-12:00	L/P	Maternal Health Education and Mothers' Class I		
		14:00-17:00	L/O	Promotion of Breastfeeding -Oketani Method Breast Management-		
31	TUE	9:30-12:00	L/P	Approach to Effective Dissemination Planning I		
		14:00-16:00	L/O	Activities of Japanese Midwives' Association		
2/1	WED	9:30-12:00	P	Approach to Effective Dissemination Planning II		
		13:00-17:00	L/P	Neonatal Cardiopulmonary Resuscitation		
2	THU	9:00-13:00	P	Approach to Effective Dissemination Planning III		Sakura Hotel Hatagaya1
		14:30-16:30	L	Humanization of Childbirth		
3	FRI	9:30-11:30	L	Assessment-Midwifery Diagnosis & Record Keeping, Maternal Health Checkup-		
		13:30-15:30	L/O	Relaxation for Pregnant and Parturient women (Aromatherapy)		
4	SAT			Move to Osaka		JICA Osaka
5	SUN	N				
6	MON	10:00-12:00	L	Medical Knowledge & Skills Required in Delivery Management		
		13:30-16:00	L	Medical Equipment for Prenatal Care, Episiotomy & Suture		

7	TUE	9:30-16:00	L	TQM & KAIZEN (5S) -for MMR/IMR Reduction- PCM (Project Cycle Management) -Problem Solving Strategy-	
8	WED	9:30-12:00	P	Emergency Procedures (Emergency Simulation)	
		13:30-16:30	L/P	Effects on Delivery by Changes of Delivery Positions -Free Style Delivery-	
9	THU	10:00-16:00	P	Onsite Training at Maternity Home	
10	FRI	10:00-16:00	P	Onsite Training at Maternity Home	
11	SAT	12:00-16:00	D	Group Dialogue with Mothers on Midwifery Care	
12	SUN		N		
13	MON	9:30-12:00	D	Sharing Meeting I-1 (Presentation on Knowledge obtained at Maternity Home)	
		13:00-15:30	D	Sharing Meeting II & Developing Dissemination Plan -Presentation of Dissemination Plan Draft-	
		15:45-16:45	P	Maternal Health Education and Mothers' Class II -Program Pre-Presentation-	
30	TUE	10:00-16:00	P	Onsite Training at Hospital	JICA Osaka
15	WED	10:00-16:00	P	Onsite Training at Hospital	
16	THU	10:00-16:00	P	Onsite Training at Hospital	
17	FRI	10:00-16:00	P	Onsite Training at Hospital	
18	SAT		N		
19	SUN		N		
20	MON	10:00-12:00	O	Observation: Hospital, Maternity Yoga Class	
		13:00-15:30	D	Maternal Health Education and Mothers' Class III Program Presentation/ Exchange with Midwife Students	
				[Submission of Dissemination	

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				Plan Draft]	
21	TUE	9:00-12:00	D	Sharing Meeting I-2 (Presentation on Knowledge obtained at Hospital)	JICA Osaka
		13:00-17:00	D	Developing Dissemination Plan	
22	WED	9:00-17:00	D	Developing Dissemination Plan	
		17:00		[17:00 Submission of Dissemination Plan & Questionnaire C]	
23	TUE			Preparation of Dissemination Plan Presentation	
		13:30-17:30	D	Dissemination Plan Presentation	
		18:00-19:30		Farewell Party	
24	FRI	9:30-11:00	D	Evaluation Meeting	
		11:00-11:30		Closing Ceremony	
25	SAT			Departure	

D: Discussion L: Lecture O: Observation P: Practice

ANNEX IV-1: for your reference

The format of DP(Dissemination Plan)

DATE :

Name :

Country :

Name of facility :

1. The things that you disseminate:

2. General Objective:

3. Specific Objectives :

4. Situation/Background Regarding on this plan

5. Impacts / The things what you learned most for making this plan

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OBJECTIVE 1 :

DATE and TIME	METHOD and CONTENTS	TARGET PEOPLE	PLACE	RESPONSIBLE PERSON	RESOURCES (Equipment, Materials)	BUDGET and FUNDING RESOURCES	EVALUATION METHOD
~until one month							
~until 3 months							
~until 6 months							
After six months							

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OBJECTIVE 2 :

DATE and TIME	METHOD and CONTENTS	TARGET PEOPLE	PLACE	RESPONSIBLE PERSON	RESOURCES (Equipment, Materials)	BUDGET and FUNDING RESOURCES	EVALUATION METHOD
~until one month							
~until 3 months							
~until 6 months							
After six months							

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ANNEX IV-2. For your reference

The pre-participant's theme of the "Dissemination Plan" JICA Midwifery Course for Safe Motherhood, JFY2011

1. **Theme :** "Group discussion and role play for PPH management in Nursing Institute."
Purpose of the plan : "Increase knowledge and skills on PPH, of midwife students"
(Bangladesh)
2. **Theme :** "To increase the number of ANC visit"
Purpose of the plan: "Mother will receive to 4 antenatal visits." (Bangladesh)
3. **Theme :** "Upgrading Health Education on Post-Partum Care."
Purpose of the plan : "To increase awareness of mothers on breast feeding and Danger signs."
(Bhutan)
4. **Theme:** "Nutrition guidance using Flipchart"
Purpose of the plan: "Nutrition during pregnancy will be improved" (Cambodia)
5. **Theme:** "Screening high risk and Health Education by Midwife"
Purpose of the plan : "Mother / Clients have knowledge to prepare safe delivery"
(Indonesia)
6. **Theme:** "Counting weight of gauze for accurate measurement of blood lost after vaginal delivery."
Purpose of the plan: "Early management in preventing Post Partum Hemorrhage."
(Indonesia)
7. **Theme:** "The skill of health education"
Purpose of the plan : "Midwife students will be able to understand about health education."
(Laos)
8. **Theme:** "Promoting breastfeeding"
Purpose of the plan: "To increase accomplishment of exclusive breastfeeding from 0-6 months"
(Laos)
9. **Theme:** "Increase Institutional Delivery (Awareness to the mother, Emphasize AMTCL to the Midwife, Initiation Provision of Misoprostol to the FCHVs).
Purpose of the plan: "Prevention of PPH"
(Nepal)
10. **Theme:** "Knowledge and skills about Free Style Delivery"
Purpose of the plan: "Midwives can provide a safe delivery through collaboration with medical care."
(Philippine)

ANNEX V : antibody check sheet

Name: _____ Country: _____

Date of documentation (Day/Month/Year): _____

Department(s) : (_____)

1. Questions regarding Perinatal medical equipment

1)	Do you have CTG (Cardio Toco Gram) and Ultrasound in your Hospital/Organization?	YES / NO
2)-1	Are you usually using the medical equipments as Midwife / Nurse?	YES / NO
2)-2	Who have a responsibility to use CTG and Ultrasound?	
3)	Are you interested in learning how to learn how to use CTG and Ultrasound ?	YES / NO

2. Questions about your health (Infectious diseases)

This questionnaire is intended to check your health on infectious diseases in order to protect and promote health of babies and mothers in the training hospital, as well as you. Participants who have never been infected by the following infectious diseases and never received immunization will be required to receive the vaccination before the training starts. The information below will be safely kept and will not be used for any other purpose.

Infectious Diseases	History (please circle where appropriate)	Vaccinations (Immunization)	
		Vaccinated	Date (D/M/Y)
① Measles	Never infected / Infected (years old) / Unknown	Yes / No	
② Rubella	Never infected / Infected (years old) / Unknown	Yes / No	
③ Chicken Pox	Never infected / Infected (years old) / Unknown	Yes / No	
④ Mumps	Never infected / Infected (years old) / Unknown	Yes / No	
⑤ Hepatitis B	Never infected / Infected (years old) / Unknown	Yes / No	
⑥ Herpes simplex virus	Never infected / Infected (years old) / Unknown		

Any other comments or information that we should know about your health:

For Your Reference

JICA and Capacity Development

The key concept underpinning JICA operations since its establishment in 1974 has been the conviction that “capacity development” is central to the socioeconomic development of any country, regardless of the specific operational scheme one may be undertaking, i.e. expert assignments, development projects, development study projects, training programs, JOCV programs, etc.

Within this wide range of programs, Training Programs have long occupied an important place in JICA operations. Conducted in Japan, they provide partner countries with opportunities to acquire practical knowledge accumulated in Japanese society. Participants dispatched by partner countries might find useful knowledge and re-create their own knowledge for enhancement of their own capacity or that of the organization and society to which they belong.

About 460 pre-organized programs cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs and are being customized to address the specific needs of different target organizations, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

Japanese Development Experience

Japan was the first non-Western country to successfully modernize its society and industrialize its economy. At the core of this process, which started more than 140 years ago, was the “*adopt and adapt*” concept by which a wide range of appropriate skills and knowledge have been imported from developed countries; these skills and knowledge have been adapted and/or improved using local skills, knowledge and initiatives. They finally became internalized in Japanese society to suit its local needs and conditions.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from this “*adoption and adaptation*” process, which, of course, has been accompanied by countless failures and errors behind the success stories. We presume that such experiences, both successful and unsuccessful, will be useful to our partners who are trying to address the challenges currently faced by developing countries.

However, it is rather challenging to share with our partners this whole body of Japan’s developmental experience. This difficulty has to do, in part, with the challenge of explaining a body of “tacit knowledge,” a type of knowledge that cannot fully be expressed in words or numbers. Adding to this difficulty are the social and cultural systems of Japan that vastly differ from those of other Western industrialized countries, and hence still remain unfamiliar to many partner countries. Simply stated, coming to Japan might be one way of overcoming such a cultural gap.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



CORRESPONDENCE

For enquiries and further information, please contact the JICA office or Embassy of Japan.

Further, address correspondence to:

JICA Kansai International Center (JICA Kansai)

Address: 1-5-2, Wakinohama-kaigandori, Chuo-ku, Kobe, Hyogo 651-0073, Japan

TEL: +81-78-261-0383 FAX: +81-78-261-0465