

(2) Recommendable Qualifications

- 1) Age: be between the ages of twenty-five (25) and forty-five (45) years

Required Documents for Application

(1) **Application Form:** The Application Form is attached to this General Information.

* Pregnancy

Pregnant participants are strictly requested to attach the following documents in order to minimize the risk for their health.

- ① **letter of the participant's consent to bear economic and physical risks**
- ② **letter of consent from the participant's supervisor**
- ③ **doctor's letter with agreement of his/her training participation.**

Please ask National Staffs in JICA office for the details.

(2) **Nominee's English Score Sheet:** to be submitted with the application form. If you have any official documentation of English ability (e.g., TOEFL, TOEIC, IELTS), please attach it (or a copy) to the application form.

(3) **Inception Report and Job Report:** to be submitted along with the application form **by March 15, 2013.**

Procedure for Application and Selection:

(1) Submitting the Application Documents:

Closing date for application to the JICA Center in JAPAN: **March 15, 2013**

Note: Please confirm the closing date set by the respective country's JICA office or Embassy of Japan of your country to meet the final date in Japan.

(2) Selection:

After receiving the document(s) through due administrative procedures in the respective government, the respective country's JICA office (or Japanese Embassy) shall conduct screenings, and send the documents to the JICA Hokkaido, which organizes this project. Selection shall be made by the JICA Hokkaido in consultation with the organizations concerned in Japan based on submitted documents according to qualifications.

The organization with intention to utilize the opportunity of this program will be highly valued in the selection.

(3) Notice of Acceptance

Notification of results shall be made by the respective country's JICA office (or

5. Conditions for Attendance:

- (1) to follow the schedule of the program,
- (2) not to change the program subjects or extend the period of stay in Japan,
- (3) not to bring any members of their family,
- (4) to return to their home countries at the end of the program in accordance with the travel schedule designated by JICA,
- (5) to refrain from engaging in political activities, or any form of employment for profit or gain,
- (6) to observe Japanese laws and ordinances. If there is any violation of said laws and ordinances participants may be required to return part or all of the training expenditure depending on the severity of said violation.
- (7) to observe the rules and regulations of their place of accommodation and not to change the accommodation designated by JICA.
- (8) to participate in the whole program including a preparatory phase prior to arrival in Japan. Applying organizations, after receiving notice of acceptance for their nominees, are expected to carry out the actions described in section II -9 and section III-4.
- (9) To observe the rules of hygiene, hand-wash, gargle etc., to prevent infection.

IV. Administrative Arrangements

1. Organizer:

- (1) **Name:** JICA Hokkaido
- (2) **Contact:** jicasic@jica.go.jp
sictp1-sub@jica.go.jp

2. Implementing Partner:

- (1) **Name:** Asahikawa Medical University
- (2) **URL:** <http://www.asahikawa-med.ac.jp/english/index.html>
- (3) **Remark:** Asahikawa Medical University has implemented JICA program since 2003.
 “Human Resource Development in the Field of Maternal and Child Health” from 2003 to 2007. 47 people from 28 countries have participated.
 “Maternal and Child health” course started from 2008. 57 people from 20 countries have participated.

3. Travel to Japan:

- (1) **Air Ticket:** The cost of a round-trip ticket between an international airport designated by JICA and Japan will be borne by JICA.
- (2) **Travel Insurance:** Term of Insurance: From arrival to departure in Japan. The traveling time outside Japan shall not be covered.

4. Accommodation in Japan:

Asahikawa Medical University is located in Asahikawa city far from Sapporo City. Participants are expected to stay at a private hotel in Asahikawa during most of the training program.

※Halal food is very difficult to find in Asahikawa city, so it is recommended to get it before move to Asahikawa.

During the stay in Sapporo, JICA will arrange the accommodation at JICA Hokkaido.

JICA Hokkaido International Center (JICA Hokkaido: HKIC)
 Address: Minami 4-25, Hondori 16-chome, Shiroishi-ku,
 Sapporo, Hokkaido, 003-8668, Japan
 TEL: 81-11-866-8393 FAX: 81-11-866-8382
 (where “81” is the country code for Japan, and “11” is the local area code)

If there is no vacancy at JICA Hokkaido, JICA will arrange alternative accommodations for the participants.

JICA Hokkaido has the following equipment for the participants.

<Utensils in the Private Room>

Bed, Prefabricated Bath, Desk, Refrigerator, Hot pot, Bookshelf, Air Conditioning, In-room Safe, TV sets (CNN, NHK (BS) , DVD/VHS Video Player)

ATTENTION: There are no slippers or towels. Soap, shampoo & conditioner, toothpaste & toothbrush, razor, detergent, sewing kit and floppy disks can be purchased at the front desk.

5. Expenses:

The following expenses will be provided for the participants by JICA:

- (1) Allowances for accommodation, living expenses, outfit and shipping
- (2) Expenses for study tours (basically in the form of train tickets)
- (3) Free medical care for participants who become ill after arriving in Japan (costs related to pre-existing illness, pregnancy, or dental treatment are **not** included)
- (4) Expenses for program implementation, including materials.

For more details, please see p. 9-16 of the brochure for participants titled "KENSU-IN GUIDE BOOK," which will be given to the selected participants before (or at the time of) the pre-departure orientation.

6. Pre-departure Orientation:

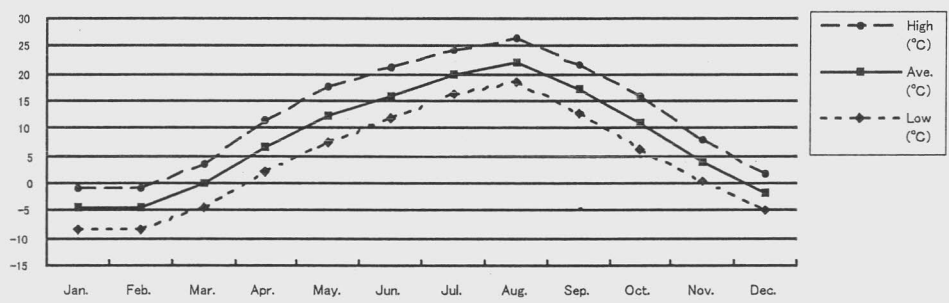
A pre-departure orientation will be held at the respective country's JICA office (or Japanese Embassy), to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

V. Other Information

1. Certificate

Participants who have successfully completed the program will be awarded a certificate by JICA.

2. Climate in Sapporo



	Jan.	Feb.	Mar.	Apr.	May.	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.
High (°C)	-1	-0.8	3.4	11.4	17.8	21	24.2	26.3	21.7	15.9	7.8	1.7
Ave. (°C)	-4.4	-4.4	-0.2	6.5	12.2	16	19.8	22.1	17.1	11	4.1	-1.6
Low (°C)	-8.4	-8.5	-4.2	2.1	7.3	11.9	16.4	18.7	12.8	6.3	0.4	-5
Snow(cm)	58	83	64	2							5	28

Typical Seasonal Wear: (May- June) Long-sleeves, Short-sleeves, Light Jacket

3. Climate in Asahikawa

	Jan.	Feb.	Mar.	Apr.	May.	Jun.	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.
High(°C)	-3.5	-2.1	2.6	11.7	17.7	22.9	25.8	26.3	21.6	14.8	5.8	-0.8
Ave.(°C)	-7.5	-6.5	-1.8	5.6	11.8	16.5	20.2	21.1	15.9	9.2	1.9	-4.3
Low(°C)	-12.3	-12.7	-6.3	0.0	5.4	11.6	15.9	16.8	11.2	3.9	-2.0	-7.9

4. Recreation

- (1) Participants can use an indoor swimming pool, gymnasium, and tennis courts located next to JICA Hokkaido. The charges are paid by JICA.
- (2) JICA encourages international friendship exchanges between participants and local communities. Therefore, it would be helpful for participants to bring national costumes and materials such as slides, videos, and music cassettes which explain cultures in their countries.

5. Equipment in JICA Hokkaido

JICA Hokkaido has the following Audio-Visual equipment for training.

Video recorder, Overhead projector, Slide Projector, Multimedia Projector (available to use Microsoft Power Point).

VI. Inception Report

J-13-00805

Maternal and Child Health (Japan Fiscal Year 2013)

Inception Report

Participants are requested to prepare an inception report on the following issues and submit it to JICA Hokkaido along with the application form **by March 15, 2013**.

The report should be typewritten in English on A4 size paper (21 cm x 29.5 cm) in single spacing at maximum of 10 pages.

This Report shall be used for selection of participants.

NOTE: Participants are requested to discuss on their inception report in group discussion sessions during the program.

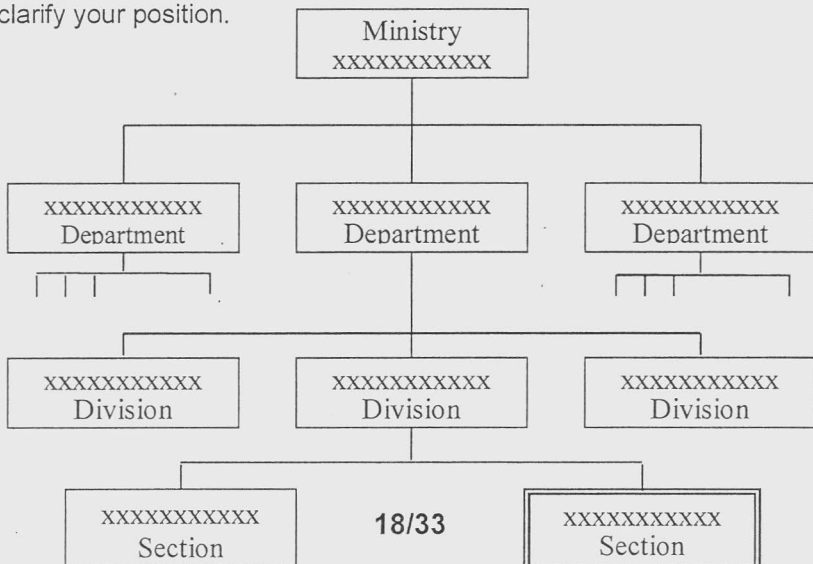
1. Basic information

Name	
Organization	
Position	
Country	

2. Outline of the Participant's Organization

(example)

-Please clarify your position.



3. Describe your job experiences.

Period	From _____ to _____	
Organization		
Position		
Duties on Maternal and Child Health: - - - - - - Describe in bullet points.	Duties <i>other than</i> Maternal and Child Health - - - - - Describe in bullet point.	
Period	From _____ to _____	
Organization		
Position		
Duties on Maternal and Child Health: - - - - - - Describe in bullet points.	Duties <i>other than</i> Maternal and Child Health - - - - - Describe in bullet point.	
Period	From _____ to _____	
Organization		
Position		
Duties on Maternal and Child Health: - - - - - - Describe in bullet points.	Duties <i>other than</i> Maternal and Child Health - - - - - Describe in bullet point.	

4. Describe problems in the field of maternal and child health in your area/country and give the reasons.

(1) Organizational aspects

No	Problems	Reasons
1		
2		
3		

(2) Technical aspects

No	Problems	Reasons
1		
2		
3		

7. Describe your future plans to apply expected results of the training program after returning to your country.

VII. Job Report

J-13-00805

Maternal and Child Health (Japan Fiscal Year 2013)

Job Report

Participants are requested to prepare a job report in the format as shown below and submit it to JICA Hokkaido along with the application form by **March 15, 2013**.

This report is presentation material for “Job Report Presentation”, which is held after moving to Asahikawa City in order to share the problem of each participants and Asahikawa Medical University. Students of Asahikawa Medical University will come to listen to Participants’ presentations as a part of their university class. Therefore, the allocated time is strictly controlled.

Using Microsoft PowerPoint is highly recommended.
Never use hand writing!!

2013 JICA Training Course of Maternal and Child Health
(Asahikawa Medical University, Hokkaido, Japan)

JOB REPORT

***Title Slide
with Photo or Illustration
on Your Country***

Your Name
Your Position with Name of Organization
Name of Country

Name of Country

***Photos or Illustrations
on Maternal & Child Health
of Your Country***

[Within 2 slides]

Name of Country

***Photos or Illustrations
on Maternal & Child Health
of Your Country***

[Within 2 slides]

Health Statistics of Country Name (Year 20xx)

Total Population	[] million persons
Annual Number of Live Births	[] babies (Actual number, but not rate)
Total Fertility Rate	[]
Infant Mortality Rate	[] per 1,000 Live Births
Maternal Mortality Ratio	[] per 100,000 Live Births
Life Expectancy at Birth	[] years old (Female) [] years old (Male)

Data Source

Main Health Problems in Country Name (National Level)

Restrict Top 5 problems !

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**Main Health Problems in Country Name
(Local Level)**

Restrict Top 5 problems !

**Health Personnel in Country Name
(Year 20xx)**

	Actual No. (Persons)	Rate (Per 100,000 population)
Nurse		
Midwife		
Public Health Nurse		
Medical Doctor		
Dentist		
Pharmacist		

Data Source

**Educational System
for Health Personnel in Country Name**

Simple is the Best !!

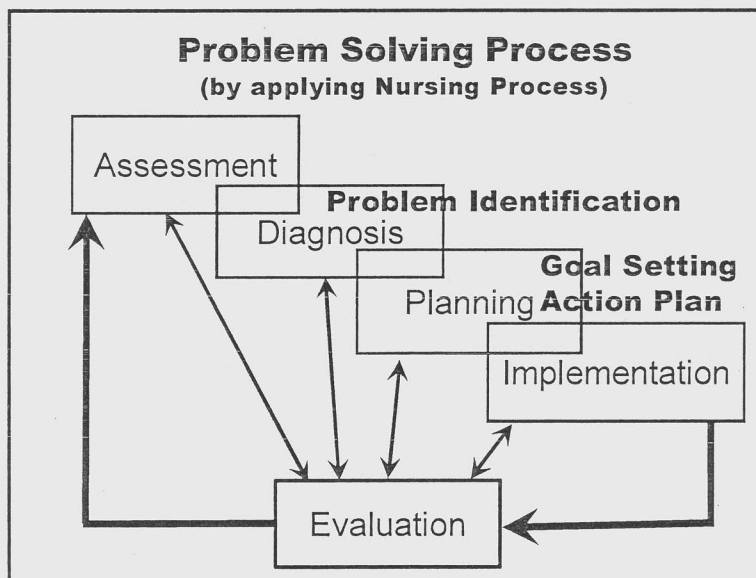
- ***Totally, within 8 slides***
- ***Print in the format of 6 slides per page***

VIII. For Your Self Study

For Your Self Study

(This is for your self-study. Need not to submit JICA Office)

This will help participants understand “Problem Solving Process by Applying Nursing Process”, which is used for Action Plan. Participants are strongly recommended to read this part including reference books before move to Asahikawa City.



1. This diagram shows “Problem Solving Process by Applying Nursing Process”. Names in squares and broad arrows mean main pathway of “Nursing Process”. Overlapping names on “Diagnosis” and “Planning” mean modification for “Problem Solving Process”. Narrow double head arrows mean feedback relationships between “Evaluation” and each step of the process. This Process is spiral, but not simple circle, because of improvement after each round of the Process.

2. Details of each step of “Problem Solving Process” are shown in tables.

[References on Nursing Process]

1. Alfaro-LeFevre R(2010): Applying Nursing Process: A Tool for Critical Thinking. 7th edn. Lippincott Williams & Wilkins.
2. Carpento-Moyet LJ(2007): Understanding the Nursing Process: Concept Mapping and Care Planning for Students. Lippincott Williams & Wilkins.