

**All India Civil Services Athletic Championship 2022-23**  
**(Shree Shivchhatrapati Sports Complex, Balewadi, Pune, Maharashtra)**  
**26 - 28 March 2023**  
**FINAL RESULTS**

100 M (MEN) - FINAL (Total Nos. of Participants - 41)					
# MR - 10.40s - AKSHAY KHOT, RSB MUMBAI (28-30 MAR 2022, GURGAON, HARYANA)					
PLACE	BIB NO	NAME	STATE / RSB	PERFORMANCE	RECORD
1	1093	SHRI JOEL PINHARO	CHHATISGARH	11.44	
2	1422	GURPREET SINGH	PUNJAB	11.45	
3	1203	ARUN KUMAR	KARNATAKA	11.51	
4	1664	GAURANG AMBRE	RSB MUMBAI	11.69	
5	1636	RATHEESH M	RSB KOCHI	11.75	
6	1658	ATHUL SENAN	RSB KOLKATA	11.80	
7	1550	M VIJAYA KUMAR	RSB CHENNAI	12.09	
8	1155	AMIT	HARYANA	DNS	
100 M (MEN 40-50 YRS) - FINAL (Total Nos. of Participants - 23 )					
# MR - 11.49s - SHAFTEER K.P., KERALA (28-30 MAR 2022, GURGAON, HARYANA)					
1	1225	SHAFTEER K P	KERALA	11.73	
2	1065	HIRA LAL	CENTRAL SECT. DELHI (CCSCSB)	12.00	
3	1382	TUKU SETHY	ODISHA	12.03	
4	1334	ARUN KUMAR	NCT OF DELHI	12.25	
5	1711	K BHADRAIAH	TELANGANA	12.29	
6	1189	VIRENDER SINGH	HARYANA	13.04	
7	1081	SANJAY KUMAR	CHANDIGARH	13.11	
8	1284	SANDIP BABAR	MAHARASHTRA	13.23	
100 M (MEN 50-60 YRS) - FINAL (Total Nos. of Participants - 25)					
# MR - 12.30s - PRAMOD TANDEL, MAHARASHTRA (28-30 MAR 2022, GURGAON, HARYANA)					
1	1316	PRAMOD TANDEL	MAHARASHTRA	12.73	
2	1467	DHANAJI K JADHAV	RSB AHMEDABAD	12.84	
3	1176	MUKESH KUMAR	HARYANA	13.01	
4	1250	SALIM V	KERALA	13.07	
5	1070	A K NAGESH	CENTRAL SECT. DELHI (CCSCSB)	13.22	
6	1083	RAJESH VOHRA	CHANDIGARH	13.41	
7	1673	N K JAYACHANDRA	RSB MUMBAI	13.59	
8	1426	NAHAR SINGH	PUNJAB	13.80	
100 M (WOMEN) - FINAL (Total Nos. of Participants - 25)					
# MR - 11.58s - RAJASHREE PRASAD, RSB KOLKATA (28-30 MAR 2022, GURGAON, HARYANA)					
1	1495	REENA GEORGE	RSB BENGALURU	12.21	
2	1672	CHAITRALI GUJAR	RSB MUMBAI	12.40	
3	1655	RAJASHREE PRASAD	RSB KOLKATA	12.58	
4	1671	ANKITA GOSAVI	RSB MUMBAI	12.72	
5	1507	RANJITA MAHANTA	RSB BHUBANESWAR	12.80	
6	1484	DISHA PATEL	RSB AHMEDABAD	14.46	
7	1363	MADHUSMITA JENA	ODISHA	14.95	
8	1344	MAMTA MEENA	NCT OF DELHI	DNS	
100 M (WOMEN 35-45 YRS) - FINAL (Total Nos. of Participants - 19)					
# MR - 14.30s - CHARULATA GAJPAL, CHHATISGARH (28-31 JAN 2019, RAIPUR, CHHATISGARH)					
1	1173	MANJEET KAUR	HARYANA	14.86	
2	1052	RENU	CENTRAL SECT. DELHI (CCSCSB)	15.19	
3	1200	KALAVATHI GP	KARNATAKA	15.80	

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*(CA)*

*(Satish Sonar)*

*(Amarjeet Singh)*

4	1771	POOJA	UTTRAKHAND	15.83
5	1460	SARIKA YADAV	RAJASTHAN	15.91
6	1139	PARULBEN BABUBHAI NINAMA	GUJARAT	15.97
7	1251	SREEJA V P	KERALA	16.29
8	1168	SUNITA	HARYANA	16.91
<b>100 M (WOMEN 45-60 YRS) - FINAL (Total Nos. of Participants -15 )</b>				
<b># MR - 13.96s - SNEHA JAIN, RSB JAIPUR (30 JAN-01 FEB 2018, VIJAYAWADA, ANDHRA PRADESH)</b>				
1	1689	OLIVIA A RABERTS	RSB MUMBAI	15.01
2	1578	SNEHA JAIN	RSB JAIPUR	15.21
3	1331	ROSHNI GULATI	NCT OF DELHI	16.03
4	1755	NEELU MISHRA	UTTAR PRADESH	17.04
5	1151	DR. K C TRIVEDI	GUJARAT	17.56
6	1637	AJITHA NAIR	RSB KOCHI	18.55
7	1725	V MANI	TELANGANA	DNS
8	1017	M ARUNA	ANDHRA PRADEESH	DNS
<b>200 M (MEN) - FINAL (Total Nos. of Participants - 30)</b>				
<b># MR - 20.98s - RAHUL KADAM, RSB MUMBAI (28-30 MAR 2022, GURGAON, HARYANA)</b>				
1	1422	GURPREET SINGH	PUNJAB	23.23
2	1636	RATHEESH M	RSB KOCHI	23.42
3	1155	AMIT	HARYANA	23.74
4	1377	ANIL NAYAK	ODISHA	23.89
5	1020	A.RAMA KRISHNA	ANDHRA PRADEESH	24.43
6	1528	P MURTHAI THANGAM	RSB CHENNAI	DNF
7	1154	AMARJEET	HARYANA	DNS
8	1216	ANAS C G	KERALA	DNS
<b>200 M (WOMEN) - FINAL (Total Nos. of Participants - 18)</b>				
<b># MR - 24.26s - HINA, RSB JAIPUR (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>				
1	1495	REENA GEORGE	RSB BENGALURU	25.88
2	1655	RAJASHREE PRASAD	RSB KOLKATA	26.59
3	1507	RANJITA MAHANTA	RSB BHUBANESWAR	27.51
4	1524	A HARI PRIYA	RSB CHENNAI	31.11
5	1088	PAYAL DALLIWAR	CHHATISGARH	33.29
6	1191	GAUTAMI	KARNATAKA	34.57
7	1291	PRIYANKA GIRE	MAHARASHTRA	35.26
8	1302	MANISHA MORE	MAHARASHTRA	35.79
<b>200 M (WOMEN 35-45 YRS) - FINAL (Total Nos. of Participants - 14 )</b>				
<b># MR - 30.28s - AJITHA, RSB K.G.B. (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>				
1	1771	POOJA	UTTRAKHAND	33.51
2	1077	JAYANTI THAPLIYAL	CENTRAL SECTT. DELHI (CCCSB)	33.61
3	1214	SUPRIYA A	KERALA	33.74
4	1200	KALAVATHI GP	KARNATAKA	34.04
5	1181	SAVITA MALIK	HARYANA	34.47
6	1139	PARULBEN BABUBHAI NINAMA	GUJARAT	34.93
7	1075	SMITHA SHEKHAR	CENTRAL SECTT. DELHI (CCCSB)	35.33
8	1168	SUNITA	HARYANA	35.46
<b>200 M (WOMEN 45-60 YRS) - FINAL (Total Nos. of Participants - 14 )</b>				
<b># MR - 29.06s - SNEHA JAIN, RSB JAIPUR (30 JAN-01 FEB 2018, VIJAYAWADA, ANDHRA PRADESH)</b>				
1	1689	OLIVIA A RABERTS	RSB MUMBAI	31.96
2	1578	SNEHA JAIN	RSB JAIPUR	32.74
3	1224	GEETHAMANI K K	KERALA	33.16
4	1761	KANTI RATHOR	UTTAR PRADESH	34.36

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5	1137	NUTANBEN D MALAVIYA	GUJARAT	36.66	
6	1204	SAROJA MS	KARNATAKA	37.07	
7	1063	SARITA KUMARI	CENTRAL SECTT. DELHI (CCSCSB)	38.48	
8	1151	DR. K C TRIVEDI	GUJARAT	38.53	
<b>400 M (MEN) - FINAL (Total Nos. of Participants - 29)</b>					
<b># MR - 48.03s - DINESH RAWAT, CENTRAL SECTT., DELHI (11-13 FEB 1999, HISSAR, HARYANA)</b>					
1	1498	JEEVAN KS	RSB BENGALURU	49.37	
2	1667	SHYAMRAO DAUNDKAR	RSB MUMBAI	49.84	
3	1528	P MURTHAI THANGAM	RSB CHENNAI	51.22	
4	1329	KAPIL DEV DHUNNA	NCT OF DELHI	55.27	
5	1085	SHRI AS.KUMAR MANDAVI	CHHATISGARH	56.41	
6	1681	BABLALAYA N	RSB MUMBAI	57.16	
7	1220	ARUN K	KERALA	58.01	
8	1327	VIKAS DABAS	NCT OF DELHI	DNS	
<b>400 M (MEN 40-50 YRS) - FINAL (Total Nos. of Participants - 22)</b>					
<b># MR - 54.04s - SHAFTEER K.P., KERALA (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1225	SHAFTEER K P	KERALA	55.34	
2	1320	DEV DATT	NCT OF DELHI	55.60	
3	1334	ARUN KUMAR	NCT OF DELHI	56.26	
4	1246	HOBAY RAVINDRAN	KERALA	56.40	
5	1304	ANIL PATHADE	MAHARASHTRA	59.01	
6	1081	SANJAY KUMAR	CHANDIGARH	1.05.63	
7	1099	SHRI LALIT KUMAR SINHA	CHHATISGARH	1.09.98	
8	1626	SUNIL KUMAR	RSB KOCHI	DNF	
<b>400 M (MEN 50-60 YRS) - FINAL (Total Nos. of Participants - 24)</b>					
<b># MR - 58.65s - DINESH RAWAT, CENTRAL SECTT, DELHI (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1316	PRAMOD TANDEL	MAHARASHTRA	1.01.31	
2	1176	MUKESH KUMAR	HARYANA	1.02.10	
3	1673	N K JAYACHANDRA	RSB MUMBAI	1.03.49	
4	1278	VINOD SONAKIA	MADHYA PRADESH	1.06.47	
5	1802	MUKESH KUMAR	NCT DELHI	1.06.58	
6	1776	LALIT CHANDRA JOSHI	UTTRAKHAND	1.06.90	
7	1092	SHRI JAGESHAWAR RAM DHRUW	CHHATISGARH	1.07.03	
8	1426	NAHAR SINGH	PUNJAB	1.07.11	
<b>400 M (WOMEN) - FINAL (Total Nos. of Participants - 14)</b>					
<b># MR - 55.78s - DEBASHRI MAZUMDAR, CENTRAL SECTT, DELHI (28-30 SEP 2021, KARNAL, HARYANA)</b>					
1	1678	YAMUNA LADKAT	RSB MUMBAI	57.89	
2	1620	RAJI AUSTIN	RSB KOCHI	59.04	
3	1049	NIRMALA	CENTRAL SECTT. DELHI (CCSCSB)	1.00.81	
4	1630	JESSY JOSEPH	RSB KOCHI	1.09.48	
5	1167	SHEETAL	HARYANA	1.13.30	
6	1351	NIDHI SINGH	NCT OF DELHI	1.16.69	
7	1235	TERRY MARIA SOZA	KERALA	1.26.80	
8	1302	MANISHA MORE	MAHARASHTRA	1.30.40	
<b>400 M (WOMEN 35-45 YRS) - FINAL (Total Nos. of Participants - 13)</b>					
<b># MR - 1:09.52s - JAYANTI THAPLIYAL, CENTRAL SECTT, DELHI (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>					
1	1077	JAYANTI THAPLIYAL	CENTRAL SECTT. DELHI (CCSCSB)	1.14.59	
2	1247	SHAHNAS SULAIMAN	KERALA	1.16.36	
3	1214	SUPRIYA A	KERALA	1.18.53	

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4	1181	SAVITA MALIK	HARYANA	1.19.35	
5	1409	LOVELEEN KAUR	PUNJAB	1.24.67	
6	1461	SARLA YADAV	RAJASTHAN	1.28.15	
7	1104	CHITRAREKHA NAGESH	CHHATISGARH	1.28.79	
8	1204	SAROJA MS	KARNATAKA	1.30.34	
<b>800 M (MEN) - FINAL (Total Nos. of Participants - 24)</b>					
<b># MR - 1:57.60s - SANJAY DASILA, CENTRAL SECTT., DELHI (19-21 DEC 2000, BHOPAL, MADHYA PRADESH)</b>					
1	1659	MD SHAKIL	RSB KOLKATA	2.00.12	
2	1667	SHYAMRAO DAUNDKAR	RSB MUMBAI	2.01.53	
3	1325	SUMIT	NCT OF DELHI	2.03.47	
4	1229	ANEESH KUMAR V	KERALA	2.08.18	
5	1428	SUKHPAL	RAJASTHAN	2.13.34	
6	1311	YASHWANT PAWARA	MAHARASHTRA	2.15.97	
7	1305	RAHUL PATIL	MAHARASHTRA	2.16.45	
8	1131	VASAVA RAKESHKUMAR D	GUJARAT	2.17.07	
<b>800 M (MEN 40-50 YRS) - FINAL (Total Nos. of Participants - 14)</b>					
<b># MR - 2:14.51s - SUKHNANDAN DHRUW, CHHATISGARH (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1186	JOGENDER SINGH	HARYANA	2.14.20	NMR
2	1246	HOBY RAVINDRAN	KERALA	2.14.82	
3	1095	SHRI KAILASH KUMAR SAHU	CHHATISGARH	2.15.08	
4	1341	VIPIN KUMAR	NCT OF DELHI	2.17.31	
5	1061	RAJ KUMAR	CENTRAL SECTT. DELHI (CCSCS)	2.18.71	
6	1649	UDAY DAS	RSB KOLKATA	2.21.74	
7	1318	SANTU J. WARDE	MAHARASHTRA	2.24.94	
8	1785	RAJENDRA JOSHI	UTTRAKHAND	2.27.99	
<b>800 M (MEN 50-60 YRS) - FINAL (Total Nos. of Participants - 22)</b>					
<b># MR - 2:24.16s - RAJESH KUMAR, HARYANA (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1177	RAJESH KUMAR	HARYANA	2.23.72	NMR
2	1213	PADMANABHAN A	KERALA	2.31.57	
3	1802	MUKESH KUMAR	NCT DELHI	2.34.02	
4	1776	LALIT CHANDRA JOSHI	UTTRAKHAND	2.37.59	
5	1202	TEEKESHA H T	KARNATAKA	2.39.35	
6	1278	VINOD SONAKIA	MADHYA PRADESH	2.41.79	
7	1145	PRAVINKUMAR GULABBHAI PATEL	GUJARAT	2.44.43	
8	1770	SHIV SHANKAR YADAV	UTTAR PRADESH	2.46.26	
<b>800 M (WOMEN) - FINAL (Total Nos. of Participants - 11)</b>					
<b># MR - 2:11.94s - YAMUNA LADKAT, RSB MUMBAI (28-30 SEP 2021, KARNAL, HARYANA)</b>					
1	1678	YAMUNA LADKAT	RSB MUMBAI	2.09.35	NMR
2	1041	SHIVANI KUMARI	BIHAR	2.13.92	
3	1662	ARCHANA ADHAV	RSB MUMBAI	2.15.26	
4	1109	BHARTI SAHU	CHHATISGARH	2.36.53	
5	1661	PRATIMA TUDU	RSB KOLKATA	2.39.97	
6	1630	JESSY JOSEPH	RSB KOCHI	2.42.99	
7	1286	KOMAL CHAVAN	MAHARASHTRA	2.50.82	
8	1287	SNEHAL CHAVAN	MAHARASHTRA	4.07.48	
<b>1500 M (MEN) - FINAL (Total Nos. of Participants - 24)</b>					
<b># MR - 4:01.70s - SANJAY DASILA, CENTRAL SECTT., DELHI (19-21 DEC 2000, BHOPAL, MADHYA PRADESH)</b>					
1	1051	RAHUL	CENTRAL SECTT. DELHI (CCSCS)	3.54.21	NMR
2	1124	SHRI YUDHISHITHIR SAHU	CHHATISGARH	4.12.61	
3	1549	S VICTOR SAMUEL RAJAN	RSB CHENNAI	4.16.95	
4	1325	SUMIT	NCT OF DELHI	4.30.31	
5	1428	SUKHPAL	RAJASTHAN	4.37.45	
6	1688	SUNIL R PRASAD	RSB MUMBAI	4.42.69	

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7	1324	PARWANA	NCT OF DELHI	4.43.32	
8	1539	P R RAHUL	RSB CHENNAI	4.44.26	
<b>1500 M (MEN 40-50 YRS) - FINAL (Total Nos. of Participants - 16)</b>					
<b># MR - 4:32.56s - SUKHNANDAN DHRUW, CHHATISGARH (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>					
1	1174	ANIL KUMAR	HARYANA	4.40.56	
2	1061	RAJ KUMAR	CENTRAL SECTT. DELHI (CCSCSB)	4.42.74	
3	1649	UDAY DAS	RSB KOLKATA	4.44.54	
4	1186	JOGENDER SINGH	HARYANA	4.49.53	
5	1318	SANTU J. WARDE	MAHARASHTRA	4.50.82	
6	1099	SHRI LALIT KUMAR SINHA	CHHATISGARH	4.55.56	
7	1785	RAJENDRA JOSHI	UTTRAKHAND	5.01.56	
8	1788	RAJENDRA PRASAD JOSHI	UTTRAKHAND	5.07.34	
<b>1500 M (MEN 50-60 YRS) - FINAL (Total Nos. of Participants - 21)</b>					
<b># MR - 4:54.31s - RAJESH KUMAR, HARYANA (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1177	RAJESH KUMAR	HARYANA	4.53.32	NMR
2	1213	PADMANABHAN A	KERALA	5.18.24	
3	1544	V SERNATHAIAH	RSB CHENNAI	5.22.82	
4	1092	SHRI JAGESHAWAR RAM DHRUW	CHHATISGARH	5.35.68	
5	1769	SARVAJEET YADAV	UTTAR PRADESH	5.38.21	
6	1323	NARENDER	NCT OF DELHI	5.44.22	
7	1779	SASHI DIWAKAR	UTTRAKHAND	5.49.25	
8	1596	RAMESH KUMAR VERMA	RSB JAIPUR	6.02.91	
<b>1500 M (WOMEN) - FINAL (Total Nos. of Participants - 12)</b>					
<b># MR - 4:37.32s - PRATIMA TUDU, RSB KOLKATA (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>					
1	1041	SHIVANI KUMARI	BIHAR	4.52.62	
2	1685	ARATI PATIL	RSB MUMBAI	5.05.75	
3	1661	PRATIMA TUDU	RSB KOLKATA	5.18.08	
4	1109	BHARTI SAHU	CHHATISGARH	5.19.29	
5	1286	KOMAL CHAVAN	MAHARASHTRA	6.00.33	
6	1381	JAYANTI SETHI	ODISHA	6.41.55	
7	1183	POOJA RANI	HARYANA	7.31.11	
8	1437	HARPREET KAUR	RAJASTHAN	8.05.24	
<b>5000 M (MEN) - FINAL (Total Nos. of Participants - 26)</b>					
<b># MR - 15:13.31s - KISHAN TADVI, RSB MUMBAI (28-20 MARCH 2022, GURGAON, HARYANA)</b>					
1	1695	KISHAN TADVI	RSB MUMBAI	15.41.95	
2	1124	SHRI YUDHISHITHIR SAHU	CHHATISGARH	15.56.78	
3	1193	CHENGAPPA A B	KARNATAKA	16.01.36	
4	1693	SWAPNIL SAWANT	RSB MUMBAI	16.31.71	
5	1101	SHRI MANISH SAHU	CHHATISGARH	16.32.42	
6	1059	KANTILAL KHUBHAR	CENTRAL SECTT. DELHI (CCSCSB)	16.49.82	
7	1242	RAJESH R K	KERALA	18.01.79	
8	1758	ARVINDKUMAR PRAJAPATI	UTTAR PRADESH	18.03.70	
<b>10000 M (MEN) - FINAL (Total Nos. of Participants - 21)</b>					
<b># MR - 32:35.60s - RAJPAL, CENTRAL SECTT., DELHI (19-21 DEC 2000, BHOPAL, MADHYA PRADESH)</b>					
1	1695	KISHAN TADVI	RSB MUMBAI	32.28.07	NMR

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*Pratima*

*Dalip*

2	1193	CHENGAPPA A B	KARNATAKA	33.34.19	
3	1693	SWAPNIL SAWANT	RSB MUMBAI	34.05.38	
4	1059	KANTILAL KHUBHAR	CENTRAL SECTT. DELHI (CCSCSB)	34.43.66	
5	1477	UMESH G KUVAR	RSB AHMEDABAD	35.29.22	
6	1758	ARVINDKUMAR PRAJAPATI	UTTAR PRADESH	36.04.14	
7	1101	SHRI MANISH SAHU	CHHATISGARH	37.36.52	
8	1242	RAJESH R K	KERALA	37.41.71	
<b>110 M HURDLES (MEN) - FINAL (Total Nos. of Participants - 15)</b>					
<b># MR - 14.31s - K. PREM KUMAR, RSB HYDERABAD (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>					
1	1686	PARAS S PATIL	RSB MUMBAI	15.32	
2	1068	SATYAM MISHRA	CENTRAL SECTT. DELHI (CCSCSB)	15.61	
3	1056	SWAPNIL GOND	CENTRAL SECTT. DELHI (CCSCSB)	16.94	
4	1683	GANESH PANDIYAN	RSB MUMBAI	18.30	
5	1236	MIDHUN N	KERALA	21.37	
6	1128	KUCHHADIYA VALLABH BHIKHABH	GUJARAT	22.16	
7	1255	SATISH GUJRE	MADHYA PRADESH	23.28	
8	1590	DAYA RAM SAINI	RSB JAIPUR	23.48	
<b>100 M HURDLES (WOMEN) - FINAL (Total Nos. of Participants - 7 )</b>					
<b># MR - 14.31s - ANKITA GOSAVI, RSB MUMBAI (28-20 MARCH 2022, GURGAON, HARYANA)</b>					
1	1529	S NANDHINI	RSB CHENNAI	15.37	
2	1543	V SARANYA DEVI	RSB CHENNAI	16.45	
3	1042	SONI KUMARI	BIHAR	17.53	
4	1651	SOMA JANA	RSB KOLKATA	17.89	
5	1182	MEENA RANI	HARYANA	21.54	
6	1350	GYATRI SINGH	NCT OF DELHI	23.33	
7	1427	DEVKI	RAJASTHAN	DNF	
8					
<b>400 M HURDLES (MEN) - FINAL (Total Nos. of Participants -15)</b>					
<b># MR - 54.51s - S. MERVIN, RSB CHENNAI (03-05 JAN 2016, PUNE, MAHARASHTRA)</b>					
1	1243	ANEES RAHMAN E	KERALA	54.47	NMR
2	1517	C BINU AQUITO	RSB CHENNAI	54.97	
3	1675	PRATHAMESH KADAM	RSB MUMBAI	57.97	
4	1157	ANKUSH	HARYANA	1.04.64	
5	1233	ANTONY M J	KERALA	1.05.47	
6	1740	MANJEET	UTTAR PRADESH	1.07.85	
7	1071	DURGESH PAL	CENTRAL SECTT. DELHI (CCSCSB)	1.08.85	
8	1679	SENTHILKUMAR M	RSB MUMBAI	1.09.41	
<b>400 M HURDLES (WOMEN) - FINAL (Total Nos. of Participants - 10)</b>					
<b># MR - 1:05.44s - RAJI AUSTIN, RSB KOCHI (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>					
1	1620	RAJI AUSTIN	RSB KOCHI	1.03.92	NMR
2	1159	MANDEEP	HARYANA	1.12.16	
3	1042	SONI KUMARI	BIHAR	1.14.68	
4	1543	V SARANYA DEVI	RSB CHENNAI	1.15.91	
5	1651	SOMA JANA	RSB KOLKATA	1.17.26	
6	1123	BALMATI YADAW	CHHATISGARH	1.21.89	

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7	1381	JAYANTI SETHI	ODISHA	1.26.83	
8	1223	JAIMOL K JOSEPH	KERALA	1.53.39	
<b>LONG JUMP (MEN) - FINAL (Total Nos. of Participants - 24)</b>					
<b># MR - 7.21m - PRADEEP ARYA, RSB KOLKATA (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1686	PARAS S PATIL	RSB MUMBAI	6.82 M	
2	1515	K ATHISTAM	RSB CHENNAI	6.76 M	
3	1243	ANEES RAHMAN E	KERALA	6.59 M	
4	1692	TEJAS SALIAN	RSB MUMBAI	6.43 M	
5	1028	P.LAXMAN RAO	ANDHRA PRADEESH	6.32 M	
6	1129	ODEDARA DEVA BHIMABHAI	GUJARAT	5.98 M	
7	1032	S.S.V ROHITH	ANDHRA PRADEESH	5.96 M	
8	1342	VIKAS LAKRA	NCT OF DELHI	5.91 M	
<b>LONG JUMP(MEN 40-50 YRS) - FINAL (Total Nos. of Participants - 20)</b>					
<b># MR - 5.81m - M. TIMMARAGIAH, ANDHRA PRADESH (28-30 SEP 2021, KARNAL, HARYANA)</b>					
1	1094	SHRI JYOTISH SAHU	CHHATISGARH	5.83 M	NMR
2	1248	SUSHANAND T K	KERALA	5.77 M	
3	1711	K BHADRARIAH	TELANGANA	5.74 M	
4	1062	RAVINDER KUMAR	CENTRAL SECT. DELHI (CCSCSB)	5.66 M	
5	1478	VINAY N MAHTO	RSB AHMEDABAD	5.60 M	
6	1401	M PRABAKARAN	PUDUCHERRY	5.58 M	
7	1759	PREM PRAKASH	UTTAR PRADESH	5.39 M	
8	1335	DEVENDER KUMAR	NCT OF DELHI	5.26 M	
<b>LONG JUMP(MEN 50-60 YRS) - FINAL (Total Nos. of Participants - 18)</b>					
<b># MR - 5.57m - RAKESH KUMAR, HARYANA (28-30 SEP 2021, KARNAL, HARYANA)</b>					
1	1070	A K NAGESH	CENTRAL SECT. DELHI (CCSCSB)	5.34 M	
2	1221	SHANI K	KERALA	5.29 M	
3	1264	SHIV LAKHAN RAM DUBEY	MADHYA PRADESH	4.79 M	
4	1083	RAJESH VOHRA	CHANDIGARH	4.54 M	
5	1635	A K ANIL KUMAR	RSB KOCHI	4.44 M	
6	1358	KISHORE CHANDRA RATH	ODISHA	4.35 M	
7	1210	PRABHAKAR S	KARNATAKA	4.24 M	
8	1808	RAJAN T.C	RSB KOCHI	4.24 M	
<b>LONG JUMP(WOMEN) - FINAL (Total Nos. of Participants - 20)</b>					
<b># MR - 5.85m - R. PUNITHA, RSB CHENNAI (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1537	R PUNITHA	RSB CHENNAI	5.81 M	
2	1672	CHAITRALI GUJAR	RSB MUMBAI	5.32 M	
3	1519	P DEEPIKA	RSB CHENNAI	5.15 M	
4	1363	MADHUSMITA JENA	ODISHA	4.51 M	
5	1490	NITA V VAGHASIYA	RSB AHMEDABAD	4.40 M	
6	1508	RENUBALA MAHANTA	RSB BHUBANESWAR	4.40 M	
7	1294	VANITA INGOLE	MAHARASHTRA	4.17 M	
8	1748	NAINSHI GUPTA	UTTAR PRADESH	3.85 M	
<b>LONG JUMP(WOMEN 35-45 YRS) - FINAL (Total Nos. of Participants - 13)</b>					
<b># MR - 4.53m - CHARULATA GAJPAL, CHHATISGARH (28-30 SEP 2021, KARNAL, HARYANA)</b>					
1	1052	RENU	CENTRAL SECT. DELHI (CCSCSB)	4.12 M	
2	1247	SHAHNAS SULAIMAN	KERALA	4.07 M	

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3	1460	SARIKA YADAV	RAJASTHAN	3.92 M	
4	1075	SMITHA SHEKHAR	CENTRAL SECTT. DELHI (CCSCSB)	3.88 M	
5	1352	RANI SINGH	NCT OF DELHI	3.58 M	
6	1308	SHARDA PATIL	MAHARASHTRA	3.57 M	
7	1631	NISHA K JOY	RSB KOCHI	3.55 M	
8	1404	T SELLPANDIAMMALLE	PUDUCHERRY	3.47 M	

**LONG JUMP(WOMEN 45-60 YRS) - FINAL (Total Nos. of Participants -15 )**

# MR - 4.35m - ROSHNI GULATI, NCT DELHI (29-31 MAR 2017, NEW DELHI)

1	1331	ROSHNI GULATI	NCT OF DELHI	3.91 M	
2	1232	SUJATHA M	KERALA	3.68 M	
3	1780	BASANTI FARSWAN	UTTRAKHAND	3.57 M	
4	1137	NUTANBEN D MALAVIYA	GUJARAT	3.56 M	
5	1637	AJITHA NAIR	RSB KOCHI	3.37 M	
6	1761	KANTI RATHOR	UTTAR PRADESH	3.34 M	
7	1760	ARCHANA RAJPOOT	UTTAR PRADESH	3.13 M	
8	1645	MITA BANERJEE	RSB KOLKATA	3.04 M	

**TRIPLE JUMP (MEN) - FINAL (Total Nos. of Participants - 15)**

# MR - 15.10m - NAVJOT SINGH, PUNJAB (29-31 MAR 2017, NEW DELHI)

1	1342	VIKAS LAKRA	NCT OF DELHI	13.95 M	
2	1692	TEJAS SALIAN	RSB MUMBAI	12.66 M	
3	1541	R RAJESH	RSB CHENNAI	12.65 M	
4	1219	BINU JOSE	KERALA	12.62 M	
5	1129	ODEDARA DEVA BHIMABHAI	GUJARAT	12.49 M	
6	1520	D DHAMURATHINAM	RSB CHENNAI	12.26 M	
7	1401	M PRABAKARAN	PUDUCHERRY	12.21M	
8	1025	B.VENKATA RAMANA	ANDHRA PRADEESH	11.96 M	

**HIGH JUMP (MEN) - FINAL (Total Nos. of Participants - 13 )**

# MR - 2.07m - K. VINITH, RSB CHENNAI (28-30 MAR 2022, GURGAON, HARYANA)

1	1073	HARSHITH .S	CENTRAL SECTT. DELHI (CCSCSB)	2.09 M	NMR
2	1569	SIDDHARTH YADAV	RSB INDORE	2.06 M	
3	1551	K VINITH	RSB CHENNAI	2.00 M	
4	1164	RAMPAL	HARYANA	1.95 M	
5	1054	SUMIT	CENTRAL SECTT. DELHI (CCSCSB)	1.90 M	
6	1160	PARVEEN	HARYANA	1.65 M	
7	1442	DINESH KUMAR	RAJASTHAN	1.60 M	
8					

**HIGH JUMP (WOMEN) - FINAL (Total Nos. of Participants - 7 )**

# MR - 1.75m - LIBIA SHAJI, RSB KOCHI (28-31 JAN 2019, RAIPUR, CHHATISGARH)

1	1666	JUEELY BADHE	RSB MUMBAI	1.40 M	
2	1490	NITA V VAGHASIYA	RSB AHMEDABAD	1.25 M	
3	1465	VIJETA P BORKAR	RSB AHMEDABAD	1.20 M	
4	1239	DEEPA PRADEEP	KERALA	1.10 M	
5	1162	POOJA	HARYANA	NM	
6	1748	NAINSHI GUPTA	UTTAR PRADESH	NM	
7	1097	JYOTI LAHRE	CHHATISGARH	NM	
8					

**POLE VAULT (MEN) - FINAL (Total Nos. of Participants - 9)**

# MR - 4.05m - SATPATI PAL, RSB KOLKATA (19-21 DEC 2000, BHOPAL, MADHYA PRADESH)

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1	1047	ANUJ	CENTRAL SECT. DELHI (CCSCSB)	3.60 M
2	1332	VIKAS KAUSHIK	NCT OF DELHI	3.40 M
3	1184	MOHIT SAINI	HARYANA	2.20 M
4	1526	S KRISHNA KUMAR	RSB CHENNAI	2.20 M
5	1553	S. ELANGO	RSB HYDERABAD	2.20 M
6	1801	ANIL KUMAR	HARYANA	NM
7	1682	P PALPANDI	RSB MUMBAI	NM
8				
<b>SHOT PUT (MEN) - FINAL - (Total Nos. of Participants - 30)</b>				
<b># MR - 17.09m - GAGANDEEP SINGH, RSB MUMBAI (29-31 MAR 2017, NEW DELHI)</b>				
1	1190	AMIT SOLANKI	HARYANA	14.72 M
2	1080	NAVIN KUMAR	CHANDIGARH	14.64 M
3	1355	ROHIT THAKRAN	NCT OF DELHI	14.24 M
4	1371	RANJAN KUMAR SAHU	ODISHA	14.03 M
5	1574	RAM DAYAL CHOUDHARY	RSB JAIPUR	12.02 M
6	1522	S DURAI MURGAN	RSB CHENNAI	11.96 M
7	1665	AKASH ANTIL	RSB MUMBAI	11.78 M
8	1757	MOHD NAIF	UTTAR PRADESH	11.22 M
<b>SHOT PUT (MEN 40-50 YRS) - FINAL - (Total Nos. of Participants - 22)</b>				
<b># MR - 15.59m - YOGENDER, HARYANA (28-30 MAR 2022, GURGAON, HARYANA)</b>				
1	1170	YOGENDER	HARYANA	14.38 M
2	1150	GARANA IRFAN RAZAKBHAI	GUJARAT	12.38 M
3	1343	PARDEEP KUMAR MATHUR	NCT OF DELHI	12.32 M
4	1772	QAMAR ABBAS	UTTRAKHAND	12.20 M
5	1148	BAROT ABHAYKUMAR R	GUJARAT	11.57 M
6	1418	BALWINDER SINGH	PUNJAB	10.99 M
7	1707	M ANAND KUMAR	TELANGANA	10.34 M
8	1399	N MURUGAN	PUDUCHERRY	10.32 M
<b>SHOT PUT (MEN 50-60 YRS) - FINAL - (Total Nos. of Participants - 18)</b>				
<b># MR - 14.77m - NIMESH DESAI, RSB MUMBAI (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>				
1	1178	SHIV KUMAR	HARYANA	13.11 M
2	1226	SALEEM KILACHAPARAMBATH	KERALA	12.76 M
3	1187	MALKIAT SINGH	HARYANA	12.57 M
4	1228	MANOJ KUMAR M	KERALA	11.94 M
5	1205	GOPALA KRISHNA MURTHY H R	KARNATAKA	10.62 M
6	1298	NARAYAN KRANDE	MAHARASHTRA	10.13 M
7	1781	SANJAY GAIRALA	UTTRAKHAND	10.12 M
8	1339	SUSHIL KUMAR	NCT OF DELHI	9.62 M
<b>SHOT PUT (WOMEN) - FINAL - (Total Nos. of Participants - 18)</b>				
<b># MR - 13.15m - MEGHANA DEVANGA, RSB MUMBAI (28-30 MAR 2022, GURGAON, HARYANA)</b>				
1	1668	MEGHANA DEVANGA	RSB MUMBAI	12.66 M
2	1494	NAMITHA	RSB BENGALURU	11.55 M
3	1694	SONIYA SHINDE	RSB MUMBAI	10.32 M
4	1048	NEELAM	CENTRAL SECT. DELHI (CCSCSB)	9.88 M
5	1280	SUJATA TOMAR	MADHYA PRADESH	8.70 M

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6	1492	SALMA A VHORA	RSB AHMEDABAD	8.00 M	
7	1033	T.SNEHA SUPRAJA	ANDHRA PRADEESH	7.80 M	
8	1120	MUKTA THAKUR	CHHATISGARH	7.47 M	
<b>SHOT PUT (WOMEN 35-45 YRS) - FINAL - (Total Nos. of Participants - 13)</b>					
<b># MR - 10.44m - NEELAM, CENTRAL SECTT, DELHI (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1307	SEEMA PATIL	MAHARASHTRA	8.12 M	
2	1004	CH.BHAVANI	ANDHRA PRADEESH	7.92 M	
3	1774	KIRAN BISHT	UTTRAKHAND	7.50 M	
4	1745	SARITA DEVI	UTTAR PRADESH	6.82 M	
5	1328	GEETA DEVI	NCT OF DELHI	6.72 M	
6	1217	THRESYAMMA FRANCIS	KERALA	6.70 M	
7	1117	RADHIKA SIDAR	CHHATISGARH	6.42 M	
8		#N/A	#N/A		
<b>SHOT PUT (WOMEN 45-60 YRS) - FINAL (Total Nos. of Participants - 20)</b>					
<b># MR - 9.33m - SUJATHA M, KERALA (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1232	SUJATHA M	KERALA	8.72 M	
2	1280	SUJATA TOMAR	MADHYA PRADESH	8.55 M	
3	1207	YAMUNA NAIK	KARNATAKA	8.08 M	
4	1256	SHIVKANYA GUPTA	MADHYA PRADESH	7.72 M	
5	1171	POONAM CHOPRA	HARYANA	7.59 M	
6	1347	SUNIL RATHI	NCT OF DELHI	6.74 M	
7	1619	GIGIMOL ANTONY	RSB KOCHI	6.52 M	
8	1172	NISHA DEVI	HARYANA	6.48 M	
<b>DISCUS THROW (MEN) - FINAL - (Total Nos. of Participants - 22)</b>					
<b># MR - 49.78m - SACHIN, RSB CHENNAI (28-30 SEP 2021, KARNAL, HARYANA)</b>					
1	1053	SACHIN	CENTRAL SECTT. DELHI (CCSCS)	49.75 M	
2	1680	TUSHAR MUNE	RSB MUMBAI	40.20 M	
3	1080	NAVIN KUMAR	CHANDIGARH	40.15 M	
4	1665	AKASH ANTIL	RSB MUMBAI	40.00 M	
5	1810	AJAY .	CENTRAL SECTT. DELHI (CCSCS)	39.32 M	
6	1371	RANJAN KUMAR SAHU	ODISHA	38.00 M	
7	1367	RAJAT KUMAR MOHANTY	ODISHA	35.67 M	
8	1522	S DURAI MURGAN	RSB CHENNAI	35.50 M	
<b>DISCUS THROW (MEN 40-50 YRS) - FINAL (Total Nos. of Participants - 15)</b>					
<b># MR - 41.74m - PRADEEP KUMAR MATHUR, NCT DELHI (28-30 MAR 2022, GURGAON, HARYANA)</b>					
1	1170	YOGENDER	HARYANA	42.25 M	NMR
2	1343	PARDEEP KUMAR MATHUR	NCT OF DELHI	41.11 M	
3	1072	R S RATHEE	CENTRAL SECTT. DELHI (CCSCS)	38.85 M	
4	1615	RAJESH SINGH	RSB KANPUR	29.68 M	
5	1249	PRADEEP T P	KERALA	29.51 M	
6	1212	RAMEGOWDA Y J	KARNATAKA	28.62 M	
7	1414	RAMAN KUMAR	PUNJAB	27.80 M	
8	1150	GARANA IRFAN RAZAKBHAI	GUJARAT	27.63 M	
<b>DISCUS THROW (MEN 50-60 YRS) - FINAL - (Total Nos. of Participants - 12)</b>					
<b># MR - 38.48m - NIMESH DESAI, RSB MUMBAI (28-31 JAN 2019, RAIPUR, CHHATISGARH)</b>					
1	1228	MANOJ KUMAR M	KERALA	34.22 M	
2	1187	MALKIAT SINGH	HARYANA	34.19 M	
3	1199	KRISHNA G GOWDA	KARNATAKA	33.97 M	

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4	1188	SUKHBIR SINGH	HARYANA	33.75 M	
5	1074	LAXMAN C SHARMA	CENTRAL SECTT. DELHI (CCSCSB)	28.89 M	
6	1697	VISHWANATH THAKUR	RSB MUMBAI	27.23 M	
7	1781	SANJAY GAIRALA	UTTRAKHAND	25.03 M	
8	1276	HARDEEP SINGH SAINI	MADHYA PRADESH	24.58 M	

**DISCUS THROW (WOMEN) - FINAL - (Total Nos. of Participants - 16)**

# MR - 54.53m - NAVJEET KAUR DHILLON, RSB CHENNAI (28-30 SEP 2021, KARNAL, HARYANA)

1	1163	PRIYANKA DEVI	HARYANA	34.04 M	
2	1668	MEGHANA DEVANGA	RSB MUMBAI	27.73 M	
3	1525	R JOTHIMANI	RSB CHENNAI	26.10 M	
4	1156	AMITA	HARYANA	24.38 M	
5	1694	SONIYA SHINDE	RSB MUMBAI	24.09 M	
6	1120	MUKTA THAKUR	CHHATISGARH	21.52 M	
7	1724	P MANGAVATHI	TELANGANA	20.65 M	
8	1033	T.SNEHA SUPRAJA	ANDHRA PRADEESH	19.66 M	

**DISCUS THROW (WOMEN 35-45 YRS) - FINAL (Total Nos. of Participants - 15)**

# MR - 27.47m - MANU DAHIYA, HARYANA (28-30 SEP 2021, KARNAL, HARYANA)

1	1180	KUSUM KUMARI	HARYANA	33.29 M	NMR
2	1048	NEELAM	CENTRAL SECTT. DELHI (CCSCSB)	26.28 M	
3	1142	DARSHANA POPATBHAI PATEL	GUJARAT	23.83 M	
4	1209	BHAGHIRATHI RAI	KARNATAKA	23.42 M	
5	1004	CH.BHAVANI	ANDHRA PRADEESH	22.25 M	
6	1411	MANJIT KAUR	PUNJAB	20.08 M	
7	1328	GEETA DEVI	NCT OF DELHI	18.40 M	
8	1117	RADHIKA SIDAR	CHHATISGARH	18.25 M	

**JAVELIN THROW (MEN) - FINAL - (Total Nos. of Participants - 27)**

# MR - 73.89m - VIPIN KASANA, RSB MUMBAI (28-30 SEP 2021, KARNAL, HARYANA)

1	1038	ASHUTOSH KUMAR	BIHAR	60.50 M	
2	1654	AMIT MAJUMDER	RSB KOLKATA	60.10 M	
3	1035	T VENKATESH	ANDHRA PRADEESH	50.06 M	
4	1222	HALESH K H	KERALA	48.18 M	
5	1141	KALAN KADCHABHAI PARGHI	GUJARAT	48.00 M	
6	1338	SURESH KUMAR	NCT OF DELHI	46.76 M	
7	1192	MANIKANTAN	KARNATAKA	46.48 M	
8	1791	DHARMENDRA SINGH	UTTRAKHAND	39.72 M	

**JAVELIN THROW (WOMEN) - FINAL - (Total Nos. of Participants - 19)**

# MR - 41.90m - SANGEETA CHAUDHARY, RSB JAIPUR (28-30 SEP 2021, KARNAL, HARYANA)

1	1288	RUPALI GAIKWAD	MAHARASHTRA	32.45 M	
2	1161	PARVESH	HARYANA	31.65 M	
3	1492	SALMA A VHORA	RSB AHMEDABAD	28.98 M	
4	1525	R JOTHIMANI	RSB CHENNAI	28.32 M	
5	1209	BHAGHIRATHI RAI	KARNATAKA	25.72 M	
6	1786	JANKI KIRKI	UTTRAKHAND	25.60 M	
7	1809	NISHA K.JOY	RSB KOCHI	24.15 M	
8	1350	GYATRI SINGH	NCT OF DELHI	23.70 M	

**HAMMER THROW (MEN) - FINAL - (Total Nos. of Participants - 13)**

# MR - 59.70m - N. SHANKAR, RSB CHENNAI (28-30 MAR 2022, GURGAON, HARYANA)

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1	1799	RAJESH KUMAR	HARYANA	47.72 M
2	1757	MOHD NAIF	UTTAR PRADESH	42.00 M
3	1512	MALAY RANJAN PATI	RSB BHUBANESWAR	40.52 M
4	1486	RAJAN S SANCHANIYA	RSB AHMEDABAD	40.22 M
5	1587	SUDHIR KUMAR POONIA	RSB JAIPUR	39.24 M
6	1244	AMRUTHA RAJ M G	KERALA	31.29 M
7	1364	ANJAN KUMAR DAS	ODISHA	30.69 M
8	1016	P.NAGESHWAR A RAO	ANDHRA PRADEESH	26.12 M

**4X100 M RELAY (MEN) - FINAL (Total Nos. of Teams -13 )**

# MR - 42.65s - TEAM RSB CHENNAI (03-05 JAN 2016, PUNE, MAHARASHTRA)

1	1243	Anees Rahman E	KERALA	44.31
	1225	Shaffeer K P		
	1216	Anas C G		
	1230	Manu Kuriakose Zachariah		
	1236	Midhun N		
2	1407	SUKHDEV HANND A	PUNJAB	45.25
	1422	GURPREET SINGH		
	1425	MANPREET SINGH		
	1424	KARAMJIT SINGH		
	1426	NAHAR SINGH		
3	1514	C ARIVOLI	RSB CHENNAI	45.51
	1523	M GOKULA KRISHNA		
	1534	A PREM KUMAR		
	1547	G. TAMILVANAN		
	1520	DHAMURATHINAM		
4	1155	AMIT	HARYANA	47.19
	1154	AMARJEET		
	1157	ANKUSH		
	1179	VINOD KUMAR		
	1299	KHANDU KUMBHAR		
5	1309	ARVIND PAWARA	MAHARASHTRA	47.92
	1300	SAGAR MALTE		
	1312	BALASAHEB		
	1310	INESH PAWARA		
	1028	P.LAXMAN RAO		
6	1005	CH.KUMAR	ANDHRA PRADESH	50.76
	1025	B.VENKATA RAMANA		
	1020	A.RAMA KRISHNA		
	1686	PARAS S PATIL		
	1664	GAURANG AMBRE		
7	1691	KRISHNAKUMAR RANE	RSB MUMBAI	52.87
	1670	KIRANKUMAR DOIPHODE		
	1684	SURESH PATEL		
8			NCT OF DELHI	DNS

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*Chitra*

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*Dhruv*

**4X100 M RELAY (WOMEN) - FINAL (Total Nos. of Teams - 11)**

# MR - 49.38s - TEAM RSB MUMBAI (28-30 SEP 2021, KARNAL, HARYANA)

1	1662	ARCHANA ADHAV	RSB MUMBAI	50.03
	1671	ANKITA GOSAVI		
	1672	CHAITRALI GUJAR		
	1678	YAMUNA LADKAT		
	1689	OLIVIA A RABERTS		
2	1519	P DEEPIKA	RSB CHENNAI	51.89
	1529	S NANDHINI		
	1537	R PUNITHA		
	1543	V SARANYA DEVI		
	1524	A HARI PRIYA		
3	1645	MITA BANERJEE	RSB KOLKATTA	58.28
	1651	SOMA JANA		
	1655	RAJASHREE PRASAD		
	1661	PRATIMA TUDU		
4	1646	INDRANI CHOWDHUARY	HARYANA	59.71
	1182	MEENA RANI		
	1169	TANUJA		
	1167	SHEETAL		
5	1168	SUNITA	RSB AHMEDABAD	1.00.65
	1490	NITA V VAGHASIYA		
	1492	SALMA A VHORA		
	1465	VIJETA P BORKAR		
6	1484	DISHA PATEL	MAHARASHTRA	1.00.72
	1302	MANISHA MORE		
	1294	VANITA INGOLE		
	1286	KOMAL CHAVAN		
	1287	SNEHAL CHAVAN		
7	1315	VIDYA SHIRAS	KERALA	1.04.52
	1237	SARITHA P A		
	1235	TERRY MARIA SOZA		
	1251	SREEJA V P		
	1214	SUPRIYA A		
8	1224	GEETHAMANI K K	NCT OF DELHI	DNS
<b>4X400 M RELAY (MEN) - FINAL (Total Nos. of Teams - 11)</b>				
# MR - 3:28.80s - TEAM RSB CHENNAI (28-31 JAN 2019, RAIPUR, CHHATISGARH)				

1	1522	S DURAI MURGAN	RSB CHENNAI	3:35.93
	1516	T BALAMURUGAN		
	1539	P R RAHUL		
	1517	C BINU AQUITO		
	1550	M VIJAYA KUMAR		
2	1681	BABLALAYA N	RSB MUMBAI	3:36.59
	1679	SENTHILKUMAR M		
	1691	KRISHNAKUMAR RANE		
	1670	KIRANKUMAR DOIPHODE		
3	1220	ARUN K	KERALA	3:37.14
	1233	ANTONY M J		
	1229	ANEESH KUMAR V		
	1243	ANEES RAHMAN E		
4	1246	HOBY RAVINDRAN	NCT OF DELHI	3:43.72
	1327	VIKAS DABAS		
	1320	DEV DATT		
	1334	ARUN KUMAR		
5	1329	KAPIL DEV DHUNNA	MAHARASHTRA	3:45.72
	1299	KHANDU KUMBHAR		
	1301	GAJANAN MORE		
	1305	RAHUL PATIL		
6	1311	YASHWANT PAWARA	HARYANA	3:49.04
	1157	ANKUSH		
	1158	DEEPAK		
	1154	AMARJEET		
7	1155	AMIT	ANDHRA PRADEESH	3:49.15
	1020	A.RAMA KRISHNA		
	1035	T VENKATESH		
	1005	CH.KUMAR		
8	1010	L.SUNIL	CENTRAL SECTT. DELHI (CCSCS)	3:50.79
	1057	VIKAS GULLIA		
	1071	DURGESH PAL		
	1056	SWAPNIL GOND		
	1051	RAHUL		

**4X400 M RELAY (WOMEN) - FINAL (Total Nos. of Teams - 8)**

# MR - 4:05.20s - TEAM RSB CHENNAI (28-30 SEP 2021, KARNAL, HARYANA)

1	1662	ARCHANA ADHAV	RSB MUMBAI	4:19.70
	1671	ANKITA GOSAVI		
	1685	ARATI PATIL		
	1678	YAMUNA LADKAT		
	1672	CHAITRALI GUJAR		
2	1181	SAVITA MALIK	HARYANA	4:49.40
	1167	SHEETAL		
	1182	MEENA RANI		
	1169	TANUJA		
3	1168	SUNITA	RSB CHENNAI	4:56.00
	1524	A HARI PRIYA		
	1521	M DHANALAKSHMI		
	1543	V SARANYA DEVI		
4	1537	R PUNITHA	RSB KOLKATA	4:56.74
	1536	R PRIYADARSHINI		
	1655	RAJASHREE PRASAD		
	1648	SABITRI DAS		
	1661	PRATIMA TUDU		

*pin* *Chennai* *128*

*Dalip*

	1651	SOMA JANA		
	1645	MITA BANERJEE		
5	1050	PREETI	CENTRAL SECTT. DELHI (CCSCS)	5:20.68
	1075	SMITHA SHEKHAR		
	1063	SARITA KUMARI		
	1049	NIRMALA		
6	1351	NIDHI SINGH	NCT OF DELHI	5:35.35
	1322	MANJU		
	1356	PREETI TYAGI		
	1344	MAMTA MEENA		
7	1484	DISHA PATEL	RSB AHMEDABAD	6:00.26
	1490	NITA V VAGHASIYA		
	1492	SALMA A VHORA		
	1465	VIJETA P BORKAR		

*(Rahul CA)*

*(Sahish Sonu)*

*(S)*

*(Anamjeet Singh)*

**All India Civil Services Athletic Championship 2022-23 : 26-28 March 2023**  
 (Shree Shivchhatrapati Sports Complex, Balewadi, Pune, Maharashtra)

**TEAM CHAMPIONSHIP - MEN**

Total Teams participated in the Championship : 31

TEAM	100	200	400	800	1500	5000	10000	110	400H	Long Jump	Triple Jump	High Jump	Pole Vault	Shot put	Dis-cus	Jave- lin	Ham-mer	4x 100 R	4x 400 R	Total Points	
RSB MUMBAI	3		6	5	1	10	11	10	4	10	5	9	7		8					5	78
CENTRAL SECT., DELHI					7	1	3	9				4	3	1	9						45
RSB CHENNAI		1	5		4				5	5	5	4	3	1				4	7		44
HARYANA		4							3			4	5	7				4	3	1	34
KERALA				3				2	9	4	3							3	1	7	36
NCT DELHI			3	4	3						7		5	4		1				3	30
CHHATTISGARH	7		2		5	7															21
PUNJAB	5	7																5			17
KARNATAKA	4								4												13
RSB KOLKATA	1			7			5									5					13
CHANDIGARH														5	4	5					9
ANDHRA PRADESH		2								2						4		1			9
RSB BENGALURU			7																		7
UTTAR PRADESH							1		1										5		7
BIHAR																					7
RSB KOCHI	2	5																			7
ODISHA				3										3	1						7
GUJARAT								1		1	2					2					6
RSB INDORE												5									5
RSB AHMEDABAD							2														5
RAJASTHAN				2	2																4
RSB JAIPUR														2							4
RSB BHUBNESHWAR																	4				4
MAHARASHTRA				1															2	2	5
RSB HYDERABAD													2								2

TEAM CHAMPIONSHIP	NAME OF TEAM	NAME OF COACH	NAME OF MANAGER
WINNER-	RSB MUMBAI	ANIL KUMARAN	TUSHAR MHATRE
RUNNERS UP-	CENTRAL SECT., DELHI (CCSCSB)	AMARJEET SINGH	T.K. RAWAT
THIRD PLACE-	RSB CHENNAI	G. RAJARAMAN	R. BALACHANDAR

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**All India Civil Services Athletic Championship 2022-23 : 26-28 March 2023**  
 (Shree Shivchhatrapati Sports Complex, Balewadi, Pune, Maharashtra)

**TEAM CHAMPIONSHIP - WOMEN**

**Total Teams participated in the Championship : 31.**

TEAM	100	200	400	800	1500	100 H	400H	Long Jump	High Jump	Shot put	Dis-cus	Jave-lin	4x 100 R	4x 400 R	Total Points
RSB MUMBAI	8		7	11	5			5	7	11	7		7	7	75
RSB CHENNAI		3				12	3	11			4	3	5	4	45
HARYANA			2			2	5		2		10	5	3	5	34
RSB KOLKATA	4	5		2	4	3	2						4	3	27
BIHAR				5	7	4	4								20
RSB AHMEDABAD	1							2	9	1		4	2		19
RSB KOCHI				8	1		7								16
RSB BENGALURU	7	7										7	1		14
MAHARASHTRA					2										10
CENTRAL SECTT., DELHI			4							3				2	9
CHHATISGARH		2					1				1				7
RSB BHUBANESWAR	2	4						1							7
RSB BENGALURU										5					5
ODISHA					1			3							4
KERALA									3						3
CHHATISGARH				3											3
NCT DELHI			1			1								1	3
MADHYA PRADESH										2					2
KARNATAKA		1										2			3
UTTAR PRADESH									1						1
RSB AHMEDABAD										1					1
UTTRAKHAND												1			1

TEAM CHAMPIONSHIP	NAME OF TEAM	NAME OF COACH	NAME OF MANAGER
WINNER-	RSB MUMBAI	ANIL KUMARAN	TUSHAR MHATRE
RUNNERS UP-	RSB CHENNAI	G. RAJARAMAN	R. BALACHANDAR
THIRD PLACE-	HARYANA	RAJENDRA NAIK	JOGINDER

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**All India Civil Services Athletic Championship 2022-23 : 26-28 March 2023**

(Shree Shivchhatrapati Sports Complex, Balewadi, Pune, Maharashtra)

**BEST ATHLETE TABLE**

**MEN BEST ATHLETE - HARSHIT .S (HIGH JUMP 2.09 M NMR)**

Event	Name	Team	Performance	Points
100 mts	SHRI JOEL PINHARO	CHHATISGARH	11.44	760
200 mts	GURPREET SINGH	PUNJAB	23.23	764
400 mts	JEEVAN KS	RSB BENGALURU	49.37	896
800 mts	MD SHAKIL	RSB KOLKATA	2.00.12	758
1500 mts	RAHUL	CENTRAL SECTT. DELHI (CCSCSB)	3.54.21	924
5000 mts	KISAN TADVI	RSB MUMBAI	15.41.95	691
10000 mts	KISAN TADVI	RSB MUMBAI	32.28.07	756
110 Hurdles	PARAS S PATIL	RSB MUMBAI	15.32	840
400 Hurdles	ANEES RAHMAN E	KERALA	54.47	918
Long Jump	PARAS S PATIL	RSB MUMBAI	6.82 M	883
Tripple Jump	VIKAS LAKRA	NCT OF DELHI	13.95 M	843
High Jump	HARSHITH .S	CENTRAL SECTT. DELHI (CCSCSB)	2.09 M	992
Pole Vault	ANUJ	CENTRAL SECTT. DELHI (CCSCSB)	3.60 M	621
Shot Put	AMIT SOLANKI	HARYANA	14.72 M	807
Discus Throw	SACHIN	CENTRAL SECTT. DELHI (CCSCSB)	49.75 M	872
Javelin Throw	ASHUTOSH KUMAR	BIHAR	60.50 M	825
HammerThrow	RAJESH KUMAR	HARYANA	47.72 M	699

**WOMEN BEST ATHLETE - R PUNITHA (LONG JUMP 5.81 M)**

Event	Name	Team	Performance	Points
100 mts	REENA GEORGE	RSB BENGALURU	12.21	564
200 mts	REENA GEORGE	RSB BENGALURU	25.88	862
400 mts	YAMUNA LADKAT	RSB MUMBAI	57.89	909
800 mts	YAMUNA LADKAT	RSB MUMBAI	2.09.35	548
1500 mts	SHIVANI KUMARI	BIHAR	4.52.62	819
100 Hurdles	S NANDHINI	RSB CHENNAI	15.37	851
400 Hurdles	RAJI AUSTIN	RSB KOCHI	1.03.92	926
Long Jump	R PUNITHA	RSB CHENNAI	5.81 M	957
High Jump	JUEELY BADHE	RSB MUMBAI	1.40 M	639
Shot Put	MEGHANA DEVANGA	RSB MUMBAI	12.66 M	750
Discus	PRIYANKA DEVI	HARYANA	34.04 M	596
Javelin	RUPALI GAIKWAD	MAHARASHTRA	32.45 M	570

**ALL INDIA CIVIL SERVICES ATHLETICS CHAMPIONSHIP MEET RECORDS****AS ON 31 MARCH 2023****MEN (OPEN)**

Event	Record	Name of Athlete	RSB / State Team	Period	Venue
100 M	10.40 s	Akshay Khot	RSB Mumbai	28-30 Mar 2022	Gurgaon (Haryana)
200 M	20.98 s	Rahul Kadam	RSB Mumbai	28-30 Mar 2022	Gurgaon (Haryana)
400 M	48.03 s	Dinesh Rawat	Central Sectt., Delhi	11-13 Feb 1999	Hissar (Haryana)
800 M	1:57.60 s	Sanjay Dasila	Central Sectt., Delhi	19-21 Dec 2000	Bhopal (MP)
1500M	3:54.31s	Rahul	Central Sectt., Delhi	26-28 Mar 2023	Pune (Maharashtra)
5000 M	15:13.31 s	Kisan Tadvi	RSB Mumbai	28-30 Mar 2022	Gurgaon (Haryana)
10000M	32:28.07 s	Kisan Tadvi	RSB Mumbai	26-28 Mar 2023	Pune (Maharashtra)
110 M Hurdles	14.31 s	K. Prem Kumar	RSB Hyderabad	28-31 Jan 2019	Raipur (Chhatisgarh)
400 M Hurdles	54.47 s	Anees Rahman E	Kerala	26-28 Mar 2023	Pune (Maharashtra)
Long Jump	7.21 m	Pardeep Arya	RSB Kolkata	28-30 Mar 2022	Gurgaon (Haryana)
Triple Jump	15.10 m	Navjot Singh	Punjab	29-31 Mar 2017	New Delhi
High Jump	2.09 m	Harshith S	Central Sectt., Delhi	26-28 Mar 2023	Pune (Maharashtra)
Pole Vault	4.05 m	Satpati Pal	RSB Kolkata	19-21 Dec 2000	Bhopal (MP)
Shot Put	17.09 m	Gagandeep Singh	RSB Mumbai	29-31 Mar 2017	New Delhi
Discus Throw	49.78 m	Sachin	RSB Chennai	28-30 Sep 2021	Karnal (Haryana)
Javelin Throw	73.89 m	Vipin Kasana	RSB Mumbai	28-30 Sep 2021	Karnal (Haryana)
Hammer Throw	59.70 m	N. Shankar	RSB Chennai	28-30 Mar 2022	Gurgaon (Haryana)
4x100 M Relay	42.65 s		RSB Chennai	03-05 Jan 2016	Pune (Maharashtra)
4x400 M Relay	3:28.80 s		RSB Chennai	28-31 Jan 2019	Raipur (Chhatisgarh)

**MEN (40-50 YRS)**

Event	Record	Name of Athlete	RSB / State Team	Period	Venue
100 M	11.49 s	Shaffeer K.P.	Kerala	28-30 Mar 2022	Gurgaon (Haryana)
	11.49 s	Shaffeer K.P.	Kerala	28-31 Jan 2019	Raipur (Chhatisgarh)
400 M	54.04 s	Shaffeer K.P.	Kerala	28-30 Mar 2022	Gurgaon (Haryana)
800 M	2:14.20 s	Jogender Singh	Haryana	26-28 Mar 2023	Pune (Maharashtra)
1500 M	4:32.56 s	Sukhnandan Dhruw	Chhatisgarh	28-31 Jan 2019	Raipur (Chhatisgarh)
Long Jump	5.81 m	M. Timmaragaiah	Andhra Pradesh	28-30 Sep 2021	Karnal (Haryana)
Shot Put	15.59 m	Yogender	Haryana	28-30 Mar 2022	Gurgaon (Haryana)
Discus Throw	42.25 m	Yogender	Haryana	26-28 Mar 2023	Pune (Maharashtra)

**MEN (50-60 YRS)**

Event	Record	Name of Athlete	RSB / State Team	Period	Venue
100 M	12.30 s	Pramod Tandel	Maharashtra	28-30 Mar 2022	Gurgaon (Haryana)
400 M	58.65 s	Dinesh Rawat	Central Sectt., Delhi	28-30 Mar 2022	Gurgaon (Haryana)
800 M	2:23.72 s	Rajesh Kumar	Haryana	26-28 Mar 2023	Pune (Maharashtra)
1500M	4:53.32 s	Rajesh Kumar	Haryana	26-28 Mar 2023	Pune (Maharashtra)
Long Jump	5.57 m	Rakesh Kumar	Haryana	28-30 Sep 2021	Karnal (Haryana)
Shot Put	14.77 m	Nimesh Desai	RSB Mumbai	28-31 Jan 2019	Raipur (Chhatisgarh)
Discus Throw	38.48 m	Nimesh Desai	RSB Mumbai	28-31 Jan 2019	Raipur (Chhatisgarh)

*Shankar* → *D. Singh*

## ALL INDIA CIVIL SERVICES ATHLETICS CHAMPIONSHIP MEET RECORDS

### WOMEN (OPEN)

AS ON 31 MARCH 2023

Event	Record	Name of Athlete	RSB / State Team	Period	Venue
100 M	11.58 s	Rajashree Prasad	RSB Kolkata	28-30 Mar 2022	Gurgaon (Haryana)
200 M	24.26 s	Hina	RSB Jaipur	28-31 Jan 2019	Raipur (Chhatisgarh)
400 M	55.78 s	Debashri Mazumdar	Central Sectt., Delhi	28-30 Sep 2021	Karnal (Haryana)
800 M	2:09.35 s	Yamuna Laddat	RSB Mumbai	26-28 Mar 2023	Pune (Maharashtra)
1500 M	4:37.32s	Pratima Tudu	RSB Kolkata	28-31 Jan 2019	Raipur (Chhatisgarh)
100 M Hurdles	14.31 s	Ankita Gosavi	RSB Mumbai	28-30 Mar 2022	Gurgaon (Haryana)
400 M Hurdles	1:03.92 s	Raji Austin	RSB Kochi	26-28 Mar 2023	Pune (Maharashtra)
Long Jump	5.85 m	R. Punitha	RSB Chennai	28-30 Mar 2022	Gurgaon (Haryana)
High Jump	1.75 m	Libia Shaji	RSB Kochi	28-31 Jan 2019	Raipur (Chhatisgarh)
Shot Put	13.15 m	Meghana Devanga	RSB Mumbai	28-30 Mar 2022	Gurgaon (Haryana)
Discus Throw	54.53 m	Navjeet Kaur Dhillon	RSB Chennai	28-30 Sep 2021	Karnal (Haryana)
Javelin Throw	41.90 m	Sangeeta Chaudhary	RSB Jaipur	28-30 Sep 2021	Karnal (Haryana)
4x100 M Relay	49.38 s		RSB Mumbai	28-30 Sep 2021	Karnal (Haryana)
4x400 M Relay	4:05.20 s		RSB Chennai	28-30 Sep 2021	Karnal (Haryana)

### WOMEN (35-45 YRS)

Event	Record	Name of Athlete	RSB / State Team	Period	Venue
100 M	14.30 s	Charulata Gajpal	Chhatisgarh	28-31 Jan 2019	Raipur (Chhatisgarh)
200 M	30.28 s	Ajitha	RSB K.G.B.	28-31 Jan 2019	Raipur (Chhatisgarh)
400 M	1:09.52 s	Jayanti Thapliyal	Central Sectt., Delhi	28-31 Jan 2019	Raipur (Chhatisgarh)
Long Jump	4.53 m	Charulata Gajpal	Chhatisgarh	28-30 Sep 2021	Karnal (Haryana)
Shot Put	10.44 m	Neelam	Central Sectt., Delhi	28-30 Mar 2022	Gurgaon (Haryana)
Discus Throw	33.29 m	Kusum Kumari	Haryana	26-28 Mar 2023	Pune (Maharashtra)

### WOMEN (45-60 YRS)

Event	Record	Name of Athlete	RSB / State Team	Period	Venue
100 M	13.96 s	Sneha Jain	RSB Jaipur	30 Jan - 01 Feb 2018	Vijaywada (AP)
200 M	29.06 s	Sneha Jain	RSB Jaipur	30 Jan - 01 Feb 2018	Vijaywada (AP)
Long Jump	4.35 m	Roshni Gulati	NCT Delhi	29-31 Mar 2017	New Delhi
Shot Put	9.33 m	Sujatha M	Kerala	28-30 Mar 2022	Gurgaon (Haryana)

*Shau* → *Deshya*