

ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

EVENT 1

40 + MASTER

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT./ AGE	CERTIFICATE No
1	RAJEEV PAL	02	UP	43	01
2	KALEEL RAHMAN M	05	RSB CHENNAI	46	02
3	VIVEKANAND GAUTAM	51	HARYANA	45	03
4	R. RAJASEKAR	12	PUDUCHERRY	46	
5	RAJEEV SINGH NEGI	08	CCSC & SB DELHI	49	

EVENT 2

50 + MASTER CAT

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT./ AGE	CERTIFICATE No
1	ASHOK KUMAR	20	CCSC & SB DELHI	51	04
2	SANTOSH SHANTARAM THOMBRE	15	RSB MUMBAI	52	05
3	DEEPAK N GAONKAR	19	KARNATAKA	52	06
4	RAMCHANDRA SAKHARAM GAWADE	21	MAHARASHTRA	56	
5	BALAI HALDER	22	RSB KOLKATA	59	



SIGNATURE OF CONEVENOR

DEVENDER KUMAR



NODAL OFFICER

VIKRAM SINGH DESHWAL



INCHARGE

JAGAT KUMAR



DY. DIRECTOR (SPORTS)
Directorate
Govt. of Chhattisgarh
Model Town, Dewa-491009

ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

EVENT 3

WT CAT. 55 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	SHIBU K.C	29	KERALA	54.1	07
2	RAHUL KUMAR	32	GNCT DELHI	54.4	08
3	S KRISHANA RAO	28	RSB BBSR	54.3	09
4	SADESH S. EVALEKAR	30	MAHARASHTRA	54.9	
5	BHAGWAN TARAPURE	27	RSB MUMBAI	53.4	

EVENT 4

WT CAT. 60 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	JOYDEB ROY	43	RSB INDORE	59.9	10
2	K SRINIVASARAO	37	RSB MUMBAI	58.4	11
3	VISAL P KHOT	36	RSB MUMBAI	57.8	12
4	KUMAR GAURAV	42	CCSCS DELHI	58.7	
5	AJEESH	59	KERALA	58.5	

EVENT 5

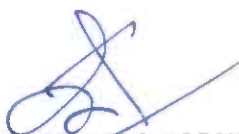
WT CAT. 65 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	BHUPINDER TYAGI	52	CCSC SB DELHI	62.3	13
2	SHAJI TR	45	KERALA	64.1	14
3	VADDI SRIKANT	53	RSB BBSR	63.00	15
4	R. RAJASEKAR	58	PUDCHERRY	64.9	
5	MITTAL KUMAR	71	CCSC SB DELHI	64.7	

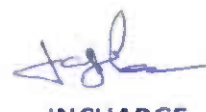
EVENT 6

WT CAT. 70 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	PRATHAMESH GUPTA	67	RSB MUMBAI	67.4	16
2	RAO BILAL	66	CCSC & SB DELHI	68.3	17
3	RINKU DAS	68	ASSAM	67.8	18
4	NAGESH R. BHAKARE	70	MAHARASHTRA	68.8	
5	UNNIKRIHMAN. E	62	KERALA	66.1	


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DEVENDER KUMAR


NODAL OFFICER
VIKRAM SINGH DESHWAL


INCHARGE
JAGAT KUMAR

DY. DIRECTOR (SPORTS)
Directorate of Education
Govt. of NCT of Delhi
Chhatrasal Stadium
Model Town, Delhi-110009

ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

EVENT 7

WT CAT. 75 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	AASHISH MANN	72	CCSC & SB DELHI	74.2	19
2	ANAS KHAN	73	RSB CALCUTTA	73.4	20
3	KALEEL REHMAN M.	77	RSB CHENNAI	70.1	21
4	SURESH	88	HARYANA	73.3	
5	THAMIZHARASAN. S.	75	RSB CHENNAI	72.3	

EVENT 8

WT CAT. 80 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	SAGAR	137	RSB MUMBAI	78.8	22
2	MANJEET	95	CCSC & SB DELHI	76.8	23
3	RAJEEV PAL	96	UP	77.4	24
4	M. MANIK ANDAN	90	RSB CHENNAI	75.1	
5	ASHOK KUMAR	92	CCSC & SB DELHI	75.1	

EVENT 9

WT CAT. 85 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	SANDEEP KUMAR	107	HARYANA	82.2	25
2	MOHNISH BAKERYWALA	106	RSB AEHMDABAD	81.9	26
3	DEEPAK SHARMA	101	GNCT DELHI	84.6	27
4	SUNIL BAJIRAO MAGDUM	100	RSB MUMBAI	80.7	
5	ASHWANI	99	CCSC & SB DELHI	81.3	

EVENT 10

WT CAT. 90 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	CHITHARESH KONGARAMPILLY NATESAN	128	CCSC SB DELHI	89.9	37
2	V.C SHAIKH	112	RSB MUMBAI	85.1	29
3	KRISHAN	119	HARYANA	85.9	30
4	AMIT HOODA	118	CCSC & SB DELHI	86.7	
5	JITEN K CHAVDA	111	GUJARAT	85.3	

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DEVENDER KUMAR

NODAL OFFICER
VIKRAM SINGH DESHWAL

INCHARGE

DY. DIRECTOR (ASPO)
Directorate of Education
Govt. of NCT of Delhi
Chhatrasal Stadium
Model Town, Delhi-110009

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5TH TO 9TH JANUARY 2023, NEW DELHI

EVENT 11

WT CAT. 100 KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	SUNIT DINKAR JADHAV	126	CCSCSB DELHI	99.4	31
2	KIRAN B. MULMULE	122	RSB MUMBAI	90.2	32
3	DEEPAK KUMAR	127	HARYANA	90.5	33
4	VARUN P.V	121	KERALA	92	
5	SACHIN	125	HARYANA	92.2	

EVENT 12

WT CAT. 100+ KG

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT.	CERTIFICATE No
1	DEEPAK KUMAR SEHRAWAT	141	CSSC & SB	101	34
2	A DINESH	129	RSB CHENNAI	101.3	35
3	PARVEEN YADAV	131	GNCT DELHI	101	36
4	SURENDER BAIRWA	132	CCSC DELHI	100.3	
5	PAWAN KUMAR	139	RSB PUNJAB	102.1	

ALL OVER TITLE WINNER AICS- SAGAR FROM RSB MUMBAI

TEAM CHAMPIONSHIP - CCSC & SB

1. Amit Kadian (Coach), 2. Devender Kumar (Manager)

RUNNER UP- RSB MUMBAI

1. Suryakant salam (Coach), 2. Vijay G. Zagade(Manager)

SECOND RUNNER UP- GNCT DELHI

1. Manoj kumar (coach), 2. B.S NEGI (MANAGER)

Note:- The Merit Certificate No. 38,39,40 has got lost the certificate are not issued to any merit holder. A NCR No. LR No. 33270/2023 is registered on Dated:- 11/01/2023.

SIGNATURE OF CONEVENOR
DEVENDER KUMAR

NODAL OFFICER
VIKRAM SINGH DESHWAL

INCHARGE

JAGAT KUMAR

BY DIRECTOR (SPORTS)
Directorate of Education
Govt. of NCT of Delhi
Chhatrasal Stadium
Connaught Place, New Delhi-110001

ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

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WT CAT. 50-55 KG

SR NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	BHAGWAN TARAPURE	RSB MUMBAI	53.4
2	S KRISHANA RAO	RSB BBSR	54.3
3	SHIBU K.C	KERALA	54.1
4	SADESH S. EVALEKAR	MAHARASHTRA	54.9
5	RAHUL KUMAR	GNCT DELHI	54.4
6	KARTICK CHANDRA DALVI	WEST BENGAL	49.9
7	DEEPAK GAONAR	KARNATAKA	54.7
8	RAJENDER PARSAD MAURYA	UP	50.3

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ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 55-60 KG

SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	MD. SIDIQ	TELANGANA	59.3
2	S. SANTHA KUMAR	RSB CHENNAI	58.5
3	PRATIK KUMAR SINGH	RSB KANPUR	58.3
4	VISAL P KHOT	RSB MUMBAI	57.8
5	K SRINIVASARAO	RSB MUMBAI	58.4
6	ASIF ALI	UP	59.5
7	RAJAT KUMAR	HARYANA	56.2
8	SOMASHEKAR	KARANATAKA	56.3
9	SANJAY KUMAR	GNCT DELHI	59.2
10	KUMAR GAURAV	CCSCS DELHI	58.7
11	JOYDEB ROY	RSB INDORE	59.9
12	SUBHASH CHAND	HARYANA	58.5
13	AJEESH	KERALA	58.5

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ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 60-65 KG

SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	SHAJI TR	KERALA	64.1
2	GAUTAM KUMAR	CHG	64.2
3	RAJINDER SINGH ANOTRA	RSB PUNJAB	61.5
4	BHUPINDER TYAGI	CCSC SB DELHI	62.3
5	VADDI SRIKANT	RSB BBSR	63.00
6	P. ARUL MURUGAN	RSB CHENNAI	62.8
7	SAMBHAJI S. SHELKE	RSB MUMBAI	64.8
8	MITHUN MADHIWAL	RAJASTHAN	65.00
9	VISHAL RANA	GNCT DELHI	63.4
10	R. RAJASEKAR	PUDCHERRY	64.9
11	MITTAL KUMAR SINGH	CCSC SB DELHI	64.7

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ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 65-70 KG

SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	AMIT MARIN	CHHATIGARH	67.8
2	VIMAL PAL	UP	68.9
3	UNNIKRIHMAN. E	KERALA	66.1
4	R. ANANDARAJ	TAMILNADU	66.4
5	SAGAR KENWAT	CHHATISGARH	65.1
6	RAVI KUMAR	CCSRB KANPUR	68.1
7	RAO BILAL	CCSC & SB DELHI	68.3
8	PRATHAMESH GUPTA	RSB MUMBAI	67.4
9	RINKU DAS	ASSAM	67.8
10	ANIL NAIK	KARNATAKA	68.9
11	NAGESH R. BHAKARE	MAHARASHTRA	68.8
12	SURESH KUMAR	HARYANA	67.9
13	SANJAY	RSB MUMBAI	69.2

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5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 70-75 KG

SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	AASHISH MANN	CCSC & SB DELHI	74.2
2	ANAS KHAN	RSB CALCUTTA	73.4
3	G. MAHESH KUMAR	TELENGANA	71.3
4	THAMIZHARASAN. S.	RSB CHENNAI	72.3
5	GANESH V. JADHAV	RSB MUMBAI	71.5
6	KALEEL REHMAN M.	RSB CHENNAI	70.1
7	SHANTANU TYAGI	UP	74.4
8	ABHIJIT DAS	RSB CALCUTTA	71.4
9	RAHUL HEGDE. B.K	KARNATAKA	73.6
10	SHER SINGH CHOUHAN	RAJASTHAN	70.4
11	R. SRINIVASARAO	ANDHRA PRADESH	70.6
12	RAHUL KUMAR	RSB UTRAKHAND	70.4
13	HARISH KUMAR	UP	73.1
14	MUKESH SAHU	RSB KANPUR	70.5
15	RADHEY SHYAM	MP	74.9
16	SURESH	HARYANA	73.3

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ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 75-80 KG

SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	JAYANT DIGAMBAR PRABHU	RSB MUMBAI	75.1
2	M. MANIK ANDAN	RSB CHENNAI	75.1
3	ANKIT KUMAR	HARYANA	79.9
4	ASHOK KUMAR	CCSC & SB DELHI	75.1
5	MANOJ KUMAR	HARYANA	75.7
6	ARUN SHOKEEN	GNCT DELHI	76.9
7	MANJEET	CCSC & SB DELHI	76.8
8	RAJEEV PAL	UP	77.4
9	SAGAR	RSB MUMBAI	78.4
10	SASI KUMAR	KERALA	77.5

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5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 81-85 KG

SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	Y. ROHITH	TELENGANA	80
2	ASHWIN SANIL	KARNATAKA	81.6
3	ASHWANI	CCSC & SB DELHI	81.3
4	SUNIL BAJIRAO MAGDUM	RSB MUMBAI	80.7
5	DEEPAK SHARMA	GNCT DELHI	84.6
6	M. DURGA RAO	ANDHRA PRADESH	83.9
7	KAMAL CHOUDHARY	RAJASTHAN	80.8
8	DEEPAK KUMAR YADAV	RSB KANPUR	81.9
9	HARISH KUMAR	GNCT DELHI	82.5
10	MOHNISH BAKERYWALA	RSB AEHMDABAD	81.9
11	SANDEEP KUMAR	HARYANA	82.2
12	VISHAL	RSB INDORE	84.6

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ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 85-90 KG

SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	MAHENDRA KUMAR TEKAM	CHATISGARH	88.8
2	SHAN P FELIX	KERALA	87.3
3	RAJESH K MADIVAL	KARNATAKA	87.7
4	JITEN K CHAVDA	GUJARAT	85.3
5	V.C SHAIKH	RSB MUMBAI	85.1
6	ANIL KUMAR SHARMA	RAJASTHAN	88.9
7	MAHAVEER JAT	RAJASTHAN	85.5
8	MD. YAQUB	GNCT DELHI	88.4
9	UJASBHAI. G PARIKH	RSB AHMEDABAD	85.9
10	PRITIM D. KHENGAR	GUJARAT	85.7
11	AMIT HOODA	CCSC & SB DELHI	86.7
12	KRISHAN	HARYANA	85.5
13	CHITHARESH KONGARAMPILLY NATESAN	CCSC SB DELHI	89.9

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ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 90-100 KG


SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	BRIJENDRA MANI PANDEY	UP	98.7
2	VARUN P.V	KERALA	92
3	KIRAN B. MULMULE	RSB MUMBAI	90.2
4	JOGESH SINGH PARMAR	CHHATTISGARH	96
5	K. KARTHIK	RSB CHENNAI	91.9
6	SACHIN	HARYANA	92.2
7	SUNIT DINKAR JADHAV	CCSC DELHGI	99.4
8	DEEPAK KUMAR	HARYANA	90.5

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5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 100+ KG


SR. NO.	NAME OF ATHLETE	DEPARTMENT	WEIGHT CAT.
1	A DINESH	RSB CHENNAI	101.3
2	DEEPAK KUMAR SEHRAWAT	CSSC & SB	101
3	PARVEEN YADAV	GNCT DELHI	101
4	SURENDER BAIRWA	CCSC DELHI	100.3
5	PAWAN KUMAR	RSB PUNJAB	102.1

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ALL INDIA CIVIL SERVICE BEST PHYSIQUE CHAMPIONSHIP 2022-23

5TH TO 9TH JANUARY 2023, NEW DELHI

WT CAT. 40 + MASTER

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT./ AGE
1	AMIT MARTIN	01	CHHATIGARH	45
2	RAJEEV PAL	02	UP	43
3	RAJINDER SINGH ANOTRA	03	RSB PUNJAB	43
4	JITEN K CHAVDA	04	GUJARAT	40+
5	KALEEL RAHMAN M	05	RSB CHENNAI	46
6	SAMBHAJI S SHELKE	06	RSB MUMBAI	42
7	SUJIT SAMADDAR	07	RSB KOLKATA	46
8	RAJEEV SINGH NEGI	08	CCSC & SB DELHI	49
9	ANIL NAIK	09		46
10	R. SRINAVASA RAO	10	ANDHRA PARDESH	48
11	VIJAY SHANKAR SINGH	11	RSB KANPUR	49
12	R. RAJASEKAR	12	PUDUCHERRY	46
13	PANKAJ KUMAR	13	RAJASTHAN	43
14	ANUP VERMA	14	MP	44
15	VIVEKANAND GAUTAM	51	HARYANA	45
16	MUNISH SHARMA	26	PUNJAB	42

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WT CAT. 50 + MASTER CAT

SR. NO.	NAME OF ATHLETE	TRUNK NO.	DEPARTMENT	WEIGHT CAT./ AGE
1	SANTOSH SHANTARAM THOMBRE	15	RSB MUMBAI	52
2	NASHKAR TANDON	16	CHHATISGARH	58
3	BABU KESAR S	17	RSB CHENNAI	59
4	RAKESH KUMAR	18	RSB KANPUR	56
5	DEEPAK N GAONKAR	19	KARNATAKA	52
6	ASHOK KUMAR	020	CCSC & SB DELHI	51
7	RAMCHANDRA SAKHARAM GAWADE	21	MAHARASHTRA	56
8	BALAI HALDER	22	RSB KOLKATA	59
9	PURAN CHAND	23	GNCT DELHI	50+
10	P PARDEEP KUMAR	24	TELANGANA	59
11	AJAY KUMAR	25	UP	50

SIGNATURE OF CONEVENOR


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INCHARGE


JAGAT KUMAR

ALL INDIA CIVIL SERVICES CHAMPIONSHIP-2022-23

Organized By: DIRECTORATE OF EDUCATION & SPORTS, GNCT OF DELHI
Dated 5th to 9th January 2023, Prahladpur Sports complex, Sector -31, Rohini, Delhi

CATEGORY:-59KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	RAJESH SHUKRVARE	RSB INDORE	55.8	555
2	VIRENDRA KR . KOL	RSB INDORE	58.7	522.5
3	PRANJAL PRATIM SHARMA	ASSAM	58.25	465
4	DILEEP SHARMA	MP	57.85	410
5	MUNISH SHARMA	PUNJAB	57.95	305
6	N LAXMAN NAIK	HYDERBAD	53.1	300
7	MUKESH KUMAR	HARYANA	55.2	300
8	BASANTA MALAKA	ODISHA	55.7	260
9	NIRMAL KUMAR	CCSCSB DELHI	54.85	250
10	ABDUL RAZAK	KERALA	57.4	250
11	MURLIDHAR	AP	54.25	230
12	SOMENDRA SINGH	RAJESTHAN	56.9	230
13	SANJAY NANDLAL MAYEKAR	MUMBAI	54.15	210
14	T NAGESHWAR RAO	HYDERBAD	58.2	ELEMINATE

CATEGORY:-66KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	DEVENDER SINGH DIWAN	MP	65.6	620
2	UPENDRA KUMAR	PATNA	64.4	525
3	PRANAYA	UP	65.4	517.5
4	T V MAHESHWAR RAO	MUMBAI	66.0	485
5	SHOKEEN	CCSCSB DELHI	65.25	452.5
6	DHARMESH DUTT	GUJRAT	65.5	395
7	ANIKET SINGH PARIKAR	UP	65.3	370
8	PRAKESH N	KARNATAKA	64.85	355
9	SANJAY KR BILLORE	INDORE	62.9	335
10	PARAMJEET	NCT DELHI	65.95	320
11	BHOKYA LALLU	HYDERBAD	59.55	270
12	DILEEP TIWARI	KANPUR	64.5	245
13	RAJ SHEKHAR	TELANGANA	65.95	220
14	SHYJEESH N V	KERALA	65.85	ELEMINATE
15	GAUTAM KUMAR	CHATTISHGARH	65.05	ELEMINATE

CATEGORY:-74KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	THAMIZHRASAN S	CHENNAI	72.2	705
2	NAVEEN KUMAR	NCT DELHI	71.8	610
3	ANIL KUMAR	AHMENDBAD	71.7	590
4	S THILAK CHARAN	CHENNAI	72.0	585
5	PRADEEP N KUSHWAHA	MUMBAI	73.3	577.5
6	PARV RANA	CCSCSB DELHI	73.5	542.5
7	SUJIT M	KERALA	72.95	505
8	ANJAN BUJAR BARUAH	ASSAM	68.7	452.5
9	AMIT KR PATHAK	BIHAR	66.4	445
10	PAWAN KUMAR	INDORE	68.6	410
11	S RAMA KRISHNA	AP	70.15	375

*Model officer
Chhatrasal Stadium*

DY. DIRECTOR (SPORTS)
Directorate of Education
Govt. of NCT of Delhi
Chhatrasal Stadium
Model Town, Delhi-110006

Kashish

12	MUKUL MORE	MAHARASTRA	68.300	352.5
13	BALAI HALDAR	KOLKATA	69.5	310
14	RAVINDER SINGH CHAUHAN	UP	70.55	295
15	YOGHWANT TAWDE	MAHARASHTRA	67.45	285
16	PRAMOD KACHEHH	CHATTISGARH	70.85	275
17	R SRINIVASA RAO	AP	69.2	270
18	GOWERDHAN	RAJASTHAN	72.3	245
19	P NARSING RAO	TELANGANA	73.0	180
20	M CHANDRAIAH	TELANGANA	70.95	170
21	RAKESH KUMAR	NCT DELHI	73.9	ELIMINATE
22	Y SHIVA KUMAR	HYDERABAD	66.95	ELIMINATE
23	KRUNAL BHAI J PATEL	GUJARAT	68.9	ELIMINATE

CATEGORY:-83KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	SHALENDRA SEVETIYA	INDORE	74.1	765
2	GOVINDASAMG	CHENNAI	76.5	725
3	BHABARNAB SAIKIA	ASSAM	92.95	627.5
4	ASHWIN SAHIL	KARNATAKA	81.7	532.5
5	RAJENDRA SHAH	MP	74.95	400
6	P PRADEEP KUMAR	TELANGANA	78.8	370
7	VISHNU KUMAR	RAJASTHAN	76.8	340
8	SHIV GOPAL PANDEY	INDORE	75.6	340
9	RANA YOGESH R BHAI	GUJARAT	79.7	320
10	ANWESH SHANIGARAPY	HYDERABAD	74.56	300
11	K JAIGANESH MANI	CHENNAI	79.7	270
12	RAMANATH SENTHESH	HYDERABAD	780.9	260
13	R RAVINDRA	TELANGANA	76.5	245
14	RAJ KUMAR PANDEY	CHENNAI	75.0	ELIMINATE
15	SATISH KUMAR VERMA	JAIPUR	83.0	ELIMINATE
16	PRAVEEN RANA	NCT DELHI	80.3	ELIMINATE
17	MOHIT KUMAR	PUNJAB	81.5	ELIMINATE
18	RAO PATIL	MAHARASHTRA	82.92	ELIMINATE
19	BALBIR KUMAR TAMTA	CCSCSB DELHI	78.25	ELIMINATE

CATEGORY:-93KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	JIWAN SINGH BHISHT	CCSCSB DELHI	88.7	702.5
2	VASHUDEV SARSWAT	RAJASTHAN	92.9	692.5
3	A. MAHENDIRAN	PUDUCHERRY	92.1	652.5
4	SANDEEP KESHWA	RSB FARIDABAD	92.95	630
5	SANTOSH KUMAR PANIGRAHI	RSB MUMBAI	92.55	610
6	PURAN CHAND	NCT DELHI	92.95	560
7	SHANKER PRATAP SINGH	UP	8.2	485
8	ASHOK KUMAR BHADAURIYA	UP	89.85	470
9	T. DHARMARAJAN	CHENNAI	8.56	442.5
10	C. DHANIEL	CHENNAI	89.5	440
11	PRADEEP KUMAR	RSB FARIDABAD	89.5	430
12	MANISH MATIYANI	MP	92.9	425
13	JITEN K. CHAVDA	GUJARAT	85.5	310
14	RAJKUMAR KHATI	CHATTISGARH	84.5	290
15	AJAY KUMAR CHAREL	GUJARAT	84.5	280
16	RAHUL KATARIA	RSB JAIPUR	90.1	255
17	MD. IBRAHIM	TELANGANA	86.55	235
18	SAURAV KUMAR MUKHERJEE	KOLKATA	84.85	220
19	AJAY CHAUDHARY	RSB JAIPUR	89.05	190

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Kandh

20	MAHINDER KUMAR TEJAM	CHHATTISGARH	89.65	150
21	TAPAN WORLIKAR	RSB MUMBAI	89.7	Eliminate
22	SANTOSH PAYER	MAHARASHTRA	84.75	Eliminate
23	RAHUL KHI RA	NCT DELHI	92.8	Eliminate
24	BIHUPINDER KUMAR SONI	RSB INDORE	92.15	Eliminate

CATEGORY :-105KG

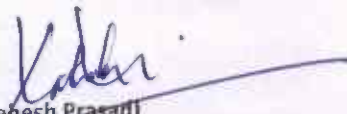
S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	VED PRAKASH	RSB INDORE	103.2	717.5
2	SUNIL JADHAV	RSB MUMBAI	104.9	685
3	ALOK RAJ	BIHAR	97.7	660
4	SUNNY GULIA	CCSCSB DELHI	93.5	657.5
5	INDERJEET SINGH	PUNJAB	103.15	650
6	VIKARM SINGH CHAUHAN	RAJASTHAN	100.65	647.5
7	K PARDHA SARADHI	AP	104.5	630
8	MOHIT SOLANKI	NCT DELHI	101.2	480
9	S SRINIVASAV	RSB CHENNAI	95.0	440
10	SAMEER PARTAP SINGH	UP	102.40	450
11	S SIVA BALAN	PUDUCHERRY	97.2	210
12	NANDEEP RAGHAV	KARNATAKA	97.6	ELIMINATE
13	SHAIENDRA SINGH	CCSCSB DELHI	93.1	ELIMINATE

CATEGORY:-120KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	DEVESH SHARMA	CCSCSB DELHI	111.3	667.5
2	VIKASH KUMAR	BIHAR	112.0	645
3	C RUPESH	RSB CHENNAI	115.6	617.5
4	MUKESH KUMAR	RAJASTHAN	108.4	577.5
5	CHANDER BHAN	MP	108.2	477.5
6	MANISH MISHRA	UP	108.35	475
7	PRAVESH KUMAR T	KARNATAKA	111.2	380

CATEGORY:-120+KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	AJAY DHAMEJA	RAJASTHAN	138.3	885
2	BHIM SONKAR	MP	137.45	780
3	CH MAHESH	RSB HYDERABAD	120.85	595
4	ABHISHEK GHOSH	RSB PATNA	122.5	530
5	BACHU M R	KERELA	122.5	360
6	DEVENDER KUMAR TRIPATHI	RSB KANPUR	133.0	ELIMINATE


 (Manesh Prasad)
 Convener (Wight-lifting and Power-lifting)


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ALL INDIA CIVIL SERVICES CHAMPIONSHIP-2022-23

Organized By: DIRECTORATE OF EDUCATION & SPORTS, GNCT OF DELHI
Dated 5th to 9th January 2023, Prahladpur Sports complex, Sector -31, Rohini, Delhi

CATEGORY:-47KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	POOJA NAYAK	CHATTISHGARH	45.0	265
2	PREETI	CCSCSB DELHI	46.7	175

CATEGORY :-52KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	URMILA MARCO	CHATTISHGARH	51.0	225
2	DEVKI	CCSCSB DELHI	50.15	205
3	MANISHA	NCT DELHI	52	205
4	JYOTI	HARYANA	52.0	180
5	MITABEN KACHROLA	GUJARAT	49.7	165
6	B MANASA	AP	51.9	165
7	NITA SOMAN	GUJARAT	51.7	130

CATEGORY: -57

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	SUNITA ARYA	CCSCSB DELHI	56.45	240
2	PRIYA GOLA	CCSCSB DELHI	55.95	237.5
3	SHRUTI KESHAV TA	MAHARASHTRA	56.45	237.5
4	MEGHA PANDEY	GUJARAT	54.75	212.5
5	SEEMA CHOURISA	RAJASTHAN	56.5	187.5
6	GANTALA SINDHU	RSB KOLKATA	54.65	185
7	VAISHALI MANAS	CHATTISGARH	55.65	182.5
8	GUDIANARAM SHUSHM	RSB HYDERABAD	55.75	145
9	ASHWANI THUBE	MAHARASHTRA	54.85	132.5
10	SRIDEVI R N	KARNATAKA	55.5	120
11	LAXMI DUBEY	MP	54.05	ELIMINATE
12	SANGEETA ATRAM	CHATTISGARH	54.8	ELIMINATE
13	RANJEET KAUR	PUNJAB	55.1	ELIMINATE

CATEGORY:-63KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	SUDHA KUMARI	BIHAR	63.0	442.5
2	NIRUPA SALAM	CHATTISGARH	61.85	280
3	INDIRA L	KERALA	62.65	240
4	HANALIVELUGULA SREEDEVI	AP	63.0	230
5	TEJ KAUR	RAJASTHAN	61.3	212.5
6	HARDEEP KAUR	PUNJAB	58.75	205
7	MANJU	HARYANA	62.5	197.5
8	SHEEJAP	KERALA	61.9	150
9	ATHOKPAM ROSY CHANU	MANIPUR	63.0	150
10	DIPTI K HALWADIA	GUJARAT	61.2	135
11	SHAIKA HAFIJA	AP	63.1	130
12	JIMY SAIKLA	ASSAM	61.75	120
13	ANURADHA SWAMI	RAJASTHAN	59.25	ELIMINATE
14	GADE YASHIDA	TELANGANA	60.05	ELIMINATE

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CATEGORY:-69KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	RENU	CCSCSB DELHI	69.0	372.5
2	NEHA DUNIWAL	RAJASTHAN	68.9	360
3	SHOBHA MATHUR	RAJASTHAN	68.0	285
4	POONAM RANI VERMA	CHATTISGARH	67.3	230
5	KINJAL R DOSHI	GUJARAT	65	177.5
6	SHUSHMA SHARMA	PUNJAB	68	177.5
7	SHAIK SURYA FATHIMA	AP	69	160
8	DODLA VIJAY	TELANGANA	65.6	147.5
9	RENUKA NIGAM	MP	68.9	145
10	SAROJ KUMAR	HARYANA	69	145
11	RANA FALGUNI PRAVINBHAI	GUJARAT	64.8	110
12	SONALI SINDE	MAHARASHTRA	69	ELIMINATE

CATEGORY:-76KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	G SURIA PREBHA	PUDUCHERRY	75	387.5
2	MEENAKSHI SHARMA	HARYANA	75.95	380
3	RAJKUMARI YADAV	RAJASTHAN	73.25	327.5
4	RAJNI MALIK	CCSCSB DELHI	74.45	247.5
5	JYOTSHNA	ASSAM	71.1	245
6	SANGEETA SAHARE	MP	75.0	225
7	G N V KAVITHARANI	HYDERABAD	69.75	192.5
8	SALINI	KERALA	72.65	175
9	PVN NAGA JYOTHI	AP	74.6	137.5

CATEGORY:-84KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	NARESHWARI DHURVE	MP	78.25	340
2	PRIYANKA	MUMBAI	76.1	282.5
3	SANGITA BARUAH	ASSAM	79.45	252.5
4	SARALA DEVI	AP	79.7	222.5
5	ANITA DEVI	HARYANA	82.2	210
6	GUDWADA DEVI	MP	84	185
7	MINAKSHI DEVI	HARYANA	80.65	180
8	BINDU P	KERALA	81	175
9	GAYATRI TOMAR	MP	83.1	170
10	NEETA DEVDAS	CHATTISGARH	83.1	165
11	MAYADEVI BISHNOI	RAJASTHAN	77.35	150

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ATEGORY:-S4+KG

S.NO	NAME	UNIT	B.WEIGHT	TOTAL
1	BHAKTI AJIT ADREY	MAHARASHTRA	87.85	380
2	K NAGA SIREESHA	AP	91.8	332.5
3	SUNITI KHATRI	CCSCSB DELHI	84.4	285
4	MONIKA	HARYANA	123.15	285
5	RADIA JAYSHREE	GUJARAT	99.4	280
6	ANSHU KUMARI	NCT DELHI	95.4	250
7	MANGAYA RKARASIA	PUDUCHERRY	105.0	247.5
8	RANA NAYNA KUMARI	GUJARAT	96.5	212.5
9	SIMI JOSEPH	KERALA	86.1	200
10	SUMANGALA	KARNATAKA	87.0	137.5

Team Championship (Men)

1. RSB Indore (Winner).
2. CCSCSB Delhi (Runner-up).

Strongmen of All India Civil Service 2022-23

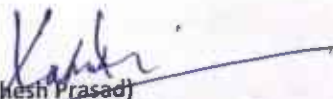
1. Shailendra Sevetiya RSB Indore

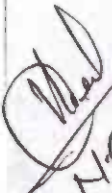
Team Championship (Women)

1. CCSCSB Delhi (Winner).
2. Chattisgarh (Runner-up).

Strongwomen of All India Civil Service 2022-23

1. Shudha Kumari, Bihar


(Mahesh Prasad)
Convener (Wight-lifting and Power-lifting)


No. A/15


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ALL INDIA CIVIL SERVICE WEIGHTLIFTING CHAMPIONSHIP-2022-2023

Organized By: DIRECTORATE OF EDUCATION & SPORTS, GNCT OF DELHI

Dated 5th to 9th January 2023, Prahladpur Sports complex, Sector -31 Rohini, Delhi

RESULTS

WOMEN (WEIGHTLIFTING)

Category: 45KG

S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	MANJU LATA SONI	CHHATTISGARH	27	30	57

Category: 49KG

S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	POOJA NAYAK	CHATTISGARH	25	35	60
2	DEVKI	CCSCSB DELHI	24	29	53
3	PREETI	CCSCSB DELHI	24	28	52
4	RUCHIKA	HARYANA	19	23	42
5	SHRUTI	MAHARASHTRA	20	0	0

S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	GANTALA SINDHU	WEST BENGAL	42	62	104
2	URMILA MARKO	CHHATTISGARH	31	40	71
3	SANJEETA	CCSCSB DELHI	31	36	67
4	SAKSHI SINGHAL	CCSCSB DELHI	29	38	67
5	ANITA	HARYANA	25	38	63
6	JYOTI	HARYANA	27	30	57
7	B. MANASA	ANDHRA PRADESH	25	25	50
8	ASHWINI THUBE	MAHARASHTRA	22	25	47

Category 59KG

S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	S. GUNAVATHI	PUDUCHERRY	36	45	81
2	SHRUTI TARE	MAHARASHTRA	35	46	81
3	SEEMA CHOUBISA	RAJASTHAN	38	42	80
4	KUMAR NEETU	CHANDIGARH	35	40	75
5	DR. SUSHRUTA	CCSCSB DELHI	32	41	73
6	ANITA	HARYANA	25	40	65
7	TAJ KAUR	RAJASTHAN	27	35	62
8	VAISHALI MANS	CHHATTISGARH	23	30	53
9	G. SUSHMA	RSB HYDERABAD	22	26	48
10	SANGEETA AATRAM	CHHATTISGARH	24	22	46

Category 64KG

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S.No.	Name	unit	Snatch	Clean & Jerk	Total
1	KAVITA KUMARI	CCSCSB DELHI	50	63	113
2	NIRUPA SALAM	CHHATTISCARH	50	62	112
3	AKSHITA BHAT	CCSCSB DELHI	41	55	96
4	MANJU	HARYANA	35	45	80
5	N. SREE DEVI	A.p.	31	37	68
6	AASHIYA HUSAIN	U.p.	23	32	55
7	INDIRA L.	KERALA	26	26	52
8	SHEEJA P.	KERALA	21	Elim	

Category 71KG

S No.	Name	Unit	Snatch	Clean & Jerk	Total
1	RENU	CS DELHI	39	56	95
2	KHUSHBU YADAV	RSB KANPUR	41	51	92
3	PREETI	HARYANA	35	50	85
4	KAVITHA RANI	RSB HYDERABAD	30	43	73
5	JYOTSHNA DEVEE	ASSAM	30	41	71
6	SANTOSH SONI	CHATTISGARH	28	35	63
7	POONAM RANI VERMA	CHATTISGARH	24	35	59
8	SHAK SURYA FATIMA	AP	20	30	50
9	MADHU YADAV	RAJASHTAN	22	22	44
10	SONALI SANJAY SINDHE	MAHARASHTRA	20	20	40

Category 76KG

S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	MEENAKSHI SHARMA	HARYANA	56	75	131
2	SUMAN DEVI	HARYANA	28	35	63
3	SHALIM S	KERALA	25	35	60
4	PRIYANKA	RSB MUMBAI	26	30	56
5	BHAWNA	U P	19	28	47

Category 81KG

S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	SANGITTA	ASSAM	43	57	100
2	NARESHWARI	MP	40	58	98
3	RINKU RANI	HARYANA	36	48	84
4	BHAWNA JOSHI	CCSCSB DELHI	33	46	79
5	D SARLA DEVI	AP	31	42	73
6	BINDU P	KERALA	25	30	55
7	PARVEEN KUMARI	HARYANA	20	28	48
8	MAYA DEVI	RAJASTHAN	20	25	45

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Category		87KG			
S.No	Name	Unit	Snatch	Clean & Jerk	Total
1	SIMI JOSEPH	KERALA	43	56	99
2	SUNITI KHATRI	CCSCSB DELHI	39	50	89
3	G DEVI	AP	34	45	79
4	CHHAYARANI	CH HATTISGARH	32	40	72
5	GAYATRI TOMAR	M.P	22	32	54
6	NEETU DEVDAS	C H HATTI SGAR	20	32	52
7	SUMANGALA	KARNATKA	22	25	45

Category		87+KG			
S.No	Name	Unit	Snatch	Clean & Jerk	Total
1	MONIKA	HARYANA	40	60	100
2	K. NAGA SIVEESHA	A. p	30	47	77
3	BHAKTI AMBRE	MAHARASHTRA	36	40	76

ALL INDIA CIVIL SERVICE WEIGHTLIFTING CHAMPIONSHIP-2022-2023
Organized By: DIRECTORATE OF EDUCATION & SPORTS, GNCT OF DELHI
Dated 5th to 9th January 2023, Prahladpur Sports complex, Sector -31 Rohini, Delhi
RESULTS
MEN (WEIGHTLIFTING)

Category		55KG			
S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	PRADEEP KUMAR SAHOO	RSB BHUNESHWER	67	80	147
2	JITENDRA KUMAR	RSB KANPUR	68	77	145
3	VIKAS KUMAR	RSB MUMBAI	59	71	130
4	HANUMAN THE GOWDA K	KARNATAKA	58	68	126
5	N. LAXMAN NAYAK	RSB HYDRABAD	52	70	122
6	MUKESH KUMAR	HARYANA	45	65	110
7	NIRMAL KUMAR	CCS DELHI	41	60	101
8	SALIK RAM SAHU	CHHATTISGARH	42	55	97
9	S. JAYPAL	RSB CHENNAI	40	55	95
10	DEEPAK D GAVHANKAR	RSB MUMBAI	40	55	95
11	DHARMENDRA GAUR	RSB KANPUR	40	50	90
12	AHESH BHAI THAKOR BHAI GAM	GUJRAT	40	42	82
13	HARI KISHOR	U p	33	40	73
14	SIDHARTH A	KERALA	26	26	52

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Category		61KG			
S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	V. SRINIVASAN	CRSB CHENNAI	81	98	179
2	NARENDRA KUMAR	RSB KANPUR	75	100	175
3	SUMIT KUMAR	HARYANA	76	85	161
4	ARUN .AK	RSB KOCHI	71	87	158
5	KRISHNA MURTHY	PUDUCHERRY	67	86	153
6	UMESH YADAV	CHHATTISGARH	60	85	145
7	N.P RAJA	RSB MUMBAI	63	80	143
8	SANGHDEEP	CHHATTISGARH	60	60	120
9	BUDH RAM	RAJESTHAN	55	60	115
10	B. LALLU NAYAK	RSB HYDERABAD	43	55	98
11	T. NAGESHWAR RAO	RSB HYDERABAD	40	50	90
12	SHIBU K C	KERALA	35	42	77

Category		67KG			
S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	MIHIR SONI	RSB HYDERABAD	99	123	222
2	Y. SHIV KUMAR	RSB HYDERABAD	93	125	208
3	LALIT	CCSCSB DELHI	89	114	203
4	G.PAVAN SAI	A. p	91	110	201
5	MUKESH SAHU	RSB KANPUR	93	107	200
6	GIRDHARI LAL SAINI	RAJETHAN	87	107	194
7	KAILASH SHINDE	RSB MUMBAI	70	95	165
8	AMIT SHARMA	RSB JAIPUR	85	75	160
9	DURGA PRASAD JANGHAL	CHHATTISGRH	70	85	155
10	JANIKRISHNAN .K	PUDUCHERRY	70	77	147
11	NAWAB SINGH	RSB KANPUR	70	70	140
12	GURINDER SINGH	PUNJAB	58	75	133
13	PRAKASH N	KARNATKA	50	65	115

Category		73KG			
S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	KAPIL SINGH RATHORE	RSB JAIPUR	112	142	254
2	M RAJAN	RSB CHENNAI	105	130	235
3	BAPUJI KUMAR BISWAL	RSB BHUBANESHWAR	95	120	215
4	SANDEEP KUMAR	CCSCSB DELHI	96	110	206
5	DHARAMPAL	CCS DELHI	92	111	203
6	M. YALLAYAYA	RSB HYDERABAD	85	115	200
7	BAL-AMU RAGAN.P	PUDUCHERRY	81	102	183
8	VINODH. K	PUDUCHERRY	82	100	182
9	SUMAN DAS	WEST BENGAL	80	80	160
10	M. TAMIL SELVAN	RSB CHENNAI	75	80	155
11	S. RAMA KRISHNA	A. p	60	80	140

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12	DIPAK CHAUDHARI	RSB MUMBAI	65	75	140
13	JAISON PF	KERALA	55	70	125
14	SOLAMAN C.D	KERALA	50	70	120
15	NENAVATH JANU	TELANGANA	45	60	105
16	VIKRAM	HARYANA	40	50	90
17	SHRIKAT ATRAM	CHHATTISGARH	45	40	85
18	NARESH NAGVANSHI	RSB MUMBAI	30	40	70

Category 81KG

S No	Name	Unit	Snatch	Clean & Jerk	Total
1	RAJESH MITTAL	RAJASTHAN	115	140	255
2	1.N. JAGPPATHIBABU	AP	96	126	222
3	NISANTH E.S	KERALA	96	120	216
4	VIJAY KUMAR	HARYANA	90	105	201
5	NARENDRA KUMAR	RAJASTHAN	85	97	182
6	B. RAJESH KANNAN	RSB CHENNAI	80	100	180
7	AJAIPAL	U.p.	70	93	163
8	RAJU NAG	RSB KOLKATA	75	96	171
9	PRADEEP KUMAR YADAV	RSB KANPUR	50	70	120
10	DURJAN SINGH SHAH	CHHATTISGARH	50	70	120
11	GAURAV SHARMA	PUNJAB	50	60	110
12	RAJENDER SINGH SHAH	M. p.	40	70	110
13	VIJAY SHANKAR SINGH	RSB KANPUR	50	65	105
14	1-AKHAN V. VAISHNAV	RSB MUMBAI	40	50	90
15	U.P SINGH	MPCS	40	50	90
16	VARADARAJA S.	KARANATAKA	40	50	90
17	AHMAD ALI	U. p.	40	50	90
18	MD. YUSUF	TELANGANA	40	45	80
19	S. ANWESH	RSB HYDERABAD	35	40	75
20	K. GOPAL	TELANGANA	35	35	70

Category 89KG

S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	MANSWAROOP BHAHARA	HARYANA	105	135	240
2	B, MAHENDFA SAI	A. P	102	129	231
3	G, NAGA RAJU	RSB HYDERABAD	102	128	230
4	RAMESH KOTOR	RSB MUMBAI	97	126	223
5	HARPREET SINGH	HARYANA	87	116	203
6	KAMESWAR NAYAK	RSB BHUBANESWAR	85	105	190
7	TEJ PRAKASH	RAJASTHAN	70	85	155
8	C. DHANIEL	RSB CHENNAI	70	70	140
9	SANTOSH PAYER	MAHARASHTA	60	70	130
10	RAJESH K MADIVAL	KARNATAKA	60	70	130

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11	RAJESH JANA	CCSCB DELHI	55	70	125
12	SHAIJU C.S	KERALA	50	60	110
13	NITIN SHARMA	M.P CS	45	65	110
14	SUJIT SAMANDOAR	WEST BENGAL	50	50	100
15	M.R. NIWASKAR	M.P CS	40	60	100
16	KISHOR KR. KELKAR	CHHATTISGARH	45	55	100
17	VINAY AWASTHI	RSB JKANPUR	40	50	90
18	AJAY KUMAR	GUJRAT	35	45	80
19	SANTOSH MUNDE	RSB MUM AI	30	40	70

Category		96KG			
S No	Name	Unit	Snatch	Clean & Jerk	Total
1	FAJARU NASIK	KERALA	123	161	284
2	B. ANUSH BABU	A. p	115	151	266
3	BISWAJIT PRATIHARI	RSB BHUBANESWAF	105	132	237
4	DHARMANDAR	HARYANA	95	131	226
5	C. NIRMAL RAJ	RSB CHENNAI	91	111	202
6	SURESH DAGAR	CCSCSB DELHI	72	80	152
7	VASHUDEV SARSWAT	RAJASTHAN	60	70	130
8	MANISH SHRIMALI	RAJASTHAN	30	40	70

Category		102KG			
S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	AMIT SHARMA	RSB KANPUR	110	135	245
2	NEERAJ KUMAR	HARYANA	108	130	238
3	RAVI KANT	HARYANA	101	100	201
4	SHEEL GAUTAM	CCSCSB DELHI	76	95	171
5	VED PRAKASH SINGH	RSB INDORE	75	96	171
6	NANDHU ANANDAN	KERALA	70	90	160
7	M. RAJAN BABU	A. p	65	93	158
8	HANUMANT KHARAT	MAHARASHTRA	62	75	137
9	SAURABH MEHTA	JAIPUR	50	60	110
10	MUNESH PACHARNE	MAHARAstra	45	50	95
11	VIKRAM SINGH	RAJASTHAN	40	50	90
12	PURAN CHAND	GNCT DELHI	80	0	0

Category		109KG			
S.No	Name	Unit	Snatch	Clean & Jerk	Total
1	T.T.V.L. SRIKAR	A p	112	140	252
2	BHAGWAN S. SHEKHAWAT	RSB JAIPUR	116	136	252

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3	FIROZ YUNUS KHAN	RSB KANPUR	105	135	240
4	G P ANEESH KUMAR	RSB CHENNAI	105	120	225
5	CHANDRA BHAN SINGH GUJAR	MP	85	115	200
6	JANKLAL TARAM	CHHATTISGRH	85	90	175
7	ABHIMANYU	RAJASTHAN	55	75	130
8	UMASHANKAR M	KARNATAKA	50	75	125
9	DINESH	CCSCSB DELHI	0		0

Category		109+KG			
S.No.	Name	Unit	Snatch	Clean & Jerk	Total
1	M.R, CHAITANYA	RSB HYDEABAD	130	160	290
2	BHUVNESHWAR	RAJASTHAN	102	127	229
3	P,B.V.S KISHORE	AP	92	129	221
4	KRAMAMOHAN FAO	RSB HYDEABAD	50	70	120
5	NARENDRA KUMAR SAHU	CHATTISGARH	40	50	90
6	PRAVEEN KUMAR	KARNATAKA	0		0

Team Championship (Women)

1. CCSCSB DELHI(WINNER)
2. HARYANA (RUNNERS UP)

Best Lifter-2022-23

Minakshi Sharma, Haryana

Team Championship (Men)

- 1.RSB HYDERABAD(WINNER)
2. RAJASTHAN(RUNNERS UP)

Best Lifter -2022-23

KAPIL SINGH RATHORE, RAJASTHAN


Mahesh Prasad
 Convenor (Weightlifting & Powerlifting)

NO AIES


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