



केन्द्रीय सिविल सेवा साँस्कृतिक एवं क्रीड़ा बोर्ड

Central Civil Services Cultural & Sports Board

(Registration No. 2621)

Department of Personnel & Training

Ministry of Personnel, Public Grievances and Pensions

Government of India

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361, B-Wing, 3rd Floor

Lok Nayak Bhawan

New Delhi - 110 003

**No.59/02/2019-20/CCSCSB**

**Dated: 10.03.2021**

**To**

**Chief Secretaries of all States/UTs and;  
Secretary, General Administration Departments of all States/UTs**

**Sub: All India Civil Services Best Physique Championship 2020-21.**

The Central Civil Services Cultural & Sports Board (CCSCSB) is organizing All India Civil Services Best Physique Championship 2020-21 on 24.3.2021 at Grih Kalyan Kendra, Community Centre, First Floor, Raza Bazaar, Near Gole Market, New Delhi Details of the Tournaments are as under:

S.No	Games/E vent	Dates	Team Composition		Weight Categories in KG	Venue
1	AICS Best Physique	24.03.2021	Men	10	55	Grih Kalyan Kendra Community center Raja Bazar, Near Gole Market New Delhi
					60	
			Coach	1	65	
					70	
			Manager	1	75	
					80	
			Total	12	85	
					90	
100						
						+100

**Note: -Weight will be taken on 10 AM morning and championship will start at 2 PM on 24.3.2021.**

2. A copy of the rules for All India Civil Services Tournaments indicating eligibility criteria, composition of Team Rules of games etc has already been circulated to all concerned.

3. The States/UTs and Regional Sports Boards are requested to consider sending their teams for the above All India Civil Services Tournament. The entries may be sent in the prescribed Proforma at **Annexure I**. directly to the O/o Secretary (CCSCSB) at Room No. 361, B-Wing, 3rd Floor, Khan Market, Lok Nayak Bhawan, New Delhi - 110003 or through email on doptsports@gmail.com CCSCSB on or before **21<sup>st</sup> March, 2021.**

4. The entries are to be submitted within prescribed time limits. Teams are requested to make their own arrangements for accommodation and transportation during their stay at Delhi.

5. List of players along with photocopy of their Identity Card should be authenticated by the authorized officer under his signature & seal.



6. All the participants shall carry individual Identity Card/Identity Slip for verification of eligibility criteria by the Organizing Committee/Representatives of the Board/Wrestling Men and Women Convener at the venue of the All India Civil Services Tournament.

7. Addresses, Telephone Numbers, E-mail Addresses may be indicated by the participating State/UT/RSB.

8. No Opening and Closing ceremony will be there due to Covid pandemic.

9. It should be ensured that every member of the team should report at the venue and to participate in the tournament as scheduled. Failure to do so shall be treated as an act of indiscipline. All the participants shall maintain strict discipline on and off the venue of the tournament. Any act of indiscipline/misbehavior/misconduct will attract the provision of CCS (Conduct) Rules since Government Employees are treated 'ON DUTY' during All India Civil Services Tournament. If any team do not maintain discipline during the tournament, the team may be debarred for participation in AICS tournaments for 3 years.

10. The general instructions as per SOP/Guidelines of COVID-19 issued by Central/State Govt., are to be strictly followed by all players and supporting staff during the competition and the same are at Annexure-II. If it is found that the general instructions are not followed by any player/official in the tournament, he/she shall be liable to be debarred from the tournament.

**11. All players and supporting staff to show and carry a copy of their COVID-19 RT-PCR negative test report conducted 72 hours prior to their date of competition. A Screening Check List for COVID-19 (Annexure III) is mandatory to be filled up daily at venue during the entire period of tournament.**

12. All participants are requested to chalk out their journey in compliance to Covid-19 guidelines and travel advisories issued by States/UTs time to time.

13. Any information about rules and regulation, entry form, change in dates/venue/cancellation etc. about the AICS Tournament will be available on our website i.e. (<https://dopt.gov.in/about-us/wings-or-divison-in-dopt/welfare-divisions>). All the participants' teams are, therefore requested to check from our website/organizers of the tournament about any possible change before starting their journey. Welfare Officers of Ministries may ensure that participants are physically fit for tournament.

14. Referees'/Umpires' decision shall be final and binding on the competing teams.

15. For any query relating to the tournament, the following officials may be contacted;-

S.No	Name & Designation	Contact Number	Email-ID
1.	Shri Kulbhushan Malhotra Secretary - CCSCSB	011- 24646961 and 24624204	<b><u><a href="mailto:doptsports@gmail.com">doptsports@gmail.com</a></u></b>
2.	Shri Sandeep Aswal Games Supervisor	7838915561	

3.	Shri Devender Kumar, Convenor -Best Physique	9810871346	
4.	Sh. Mahesh Prasad Convenor - Weightlifting and Powerlifting	9810987370	

Yours sincerely,

  
(Kulbushan Malhotra)  
Secretary (CCSCSB)

Copy to

1. Director of Sports & Youth Services of all States/UTs.
2. Secretary of all Regional Boards.

F.No.59/2/2019-20-CCSCSB  
Central Civil Services Cultural & Sports Board  
(Department of Personnel & Training)

**Entry form for All India Civil Services Tournament**

**Year – 2020-21**

1. Name of the Event .....
2. Name of the team with complete address.....

3. Details of the participants : (Mark '✓' as applicable)

S.No	Name	Ministry/Department	Regular or not
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

4. Details of Manager & Captain

Details	Manager	Captain
Name & Designation		
Office Address		
Contact No.		



**VERIFICATION CERTIFICATE**

This State Government/R.S.B. intends to enter a team for the All India Civil services Tournament /Competition. Consequently, I submit the entry form duly completed. I hereby undertake on behalf of the State Govt./RSBs to abide by the rules and instructions of the Tournament/Competition.

I certify that the players mentioned in this form who will participate in the All India Civil Services Tournament/Competition are employees of the State Government/ Central Government. No member of the team is a casual/daily wage employees. All the players are eligible to participate in the Tournament/Competition as per eligibility criteria laid down by the Board. In case if it is found that any member of the team is not eligible and is included in the team, the team will be automatically disqualified from the Tournament/Competition without any notice.

I also undertake the responsibility to ensure that this State's/RSB's team after being entered in the Tournament/Competition will participate in the Tournament/Competition and at any stage would not refuse to participate or withdraw from the Tournament/Competition without prior approval of the Board.

Signature.....  
Designation.....  
State/Board .....  
Full address.....  
.....  
.....  
Tele.No.....  
Fax No.....  
e-mail if any .....

**NOTE**

(a) The participants are required to produce their office identity cards at the venue. Therefore they shall bring their Identity Cards with them. Where the system of Identity Card is not in force, the participants can produce their photographs duly authenticated by their offices.

(b) This proforma will be used for all the AICS Tournaments and will be furnished to the organizing Secretary with an endorsement to the Board's office at least 10 days before the commencement of the tournament duly signed by an officer not below the rank of Under Secretary concerned of the State and by the Secretary or President of Regional Sports Board.



GENERAL INSTRUCTIONS FOR PLAYERS AND SUPPORTING STAFF

To avoid mass gathering and to follow SOP guidelines of COVID-19 issued by Central/State Govt., the following instructions will be strictly followed by all participants/officials for smooth conduct of AICS Best Physique 2020-21 on 24<sup>th</sup> March, 2021 at Grih Kalyan Kendra, Community Center, Raza Bazaar, New Delhi.

1. No extra person other than player and designated officials will be allowed inside the playing hall.
2. A Screening Check List for COVID-19 (**Annexure III**) is mandatory to fill up daily at venue during the entire period of tournament.
3. Thermal screening of all players/officials shall be checked by a non-contact thermometer (wrist/ forehead).
4. **All players and supporting staff to show and carry a copy of their COVID-19 RT-PCR negative test report conducted 72 hours prior to their date of competition.**
5. Physical distancing of at least 6 feet to be strictly followed.
6. Personal equipment such as gloves, face masks, mouth guard, helmet, shin guards, wrist band, head band, shoes etc. shall be used without sharing.
7. Equipment which is bound to be shared and utilized continuously during tournament must be used carefully without using such equipment to rub/ touch face, remove sweat, cover mouth while hyperventilating etc.
8. Wearing of Face masks will be mandatory at all times except during performance. All participants and officials must carry their own Face mask, hand sanitizer and water bottle all the times during the competition.
9. While not in playing hall, wash your hands with soap even when hands are not visibly dirty. Use of alcohol based hand sanitizers can be made wherever feasible.
10. Spitting will be strictly prohibited.
11. Strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/ handkerchief/flexed elbow and disposing off used tissues properly.
12. If any player/official or his/her family member/relative is suspected/tested positive for COVID-19 to whom the player/official has been sharing common living space or has been in contact, then it is expected from the concerned Player/Official to inform the Convenor/Covid Task Force/Office immediately and refrain from attending the tournament/office to prevent risk of exposing others in the tournament/ office as has been specified in the Standard Operating Procedure (SOP) issued by M/o H&FW on 04.06.2020.
13. At venue all the players/Officials may ensure and implement the instructions strictly as issued by the MHA from time to time Vide O.M/Orders Nos. 40-3/2020-DM-I(A), dated 15.04.4040, 01.05.2020, 17.05.2020, 29.06.2020, 30.09.2020, 25.11.2020, 28.12.2020 and DoPT O.M. No. 11013/9/2014-Estt.A.III, dated 18.05.2020 respectively i.e., Social distancing, wearing mask, time to time hand sanitization, strict ban of gutka/Tobacco etc. and spitting should be strictly prohibited etc.
14. Only those players are permissible in the playing hall whose events are in progress. The next lot of players and officials should wait outside the venue and shall enter the Playing hall once the players from previous event will leave the playing hall.
15. Use covered dustbins to manage used masks and waste materials.
16. AarogyaSetu App must be installed in the phones of all participants/officials. Entry will be allowed in the venue only if the status is found to be "Safe".
17. All players are requested to support the Task Force to ensure the Covid norms are followed strictly.

Government of India  
Ministry of Personnel, Public Grievances & Pensions  
Department of Personnel & Training  
**CENTRAL CIVIL SERVICES CULTURAL & SPORTS BOARD**

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**AICS BEST PHYSIQUE CHAMPIONSHIP 2020-21**

**SCREEING CHECK LIST FOR COVID-19**

Name of Player/Official (in block Letter) : \_\_\_\_\_  
Name of State/RSB : \_\_\_\_\_  
Designation : \_\_\_\_\_  
Mobile Number : \_\_\_\_\_

<b>S. No.</b>	<b>Clinical Symptoms</b>	<b>Please Tick if Present</b>
1.	Fever in last 02 weeks	
2.	Cough or sore throat in last 02 weeks	
3.	Running nose or recurrent sneezing in last 02 weeks	
4.	Difficulty in breathing	
5.	Loss of Taste/ Smell	
6.	Diarrhoea	
7.	Weakness/Fatigue/Body Aches	
8.	Redness of eye or any skin lesions	
9.	Any close contact with person with above symptoms	
10.	History of travel abroad since 1 <sup>st</sup> March 2020	
11.	History of travel abroad of any family member or close contact	

**\*If any of the above symptoms' answer is yes(or tick), then the respective player cannot be allowed to participate until he/she has undergone a complete check-up by medical doctor, which should have to be documented by the doctor and present the same to Chief Arbiter/Convener of the tournament.**

**PLAYERS/OFFICIALS DECLARATION**

During the current Corona Pandemic I am participating in the tournament on my own accord. I will not hold tournament organisers or Convener/Arbiters/Officials accountable for any infection happens to me. I assure you the above information given by me is correct. I will follow all mandatory protocol/precaution/guidelines during the tournament.

Date : \_\_\_\_\_ March, 2021

Signature of Player/Official