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No. 4/1/2022-Dir (C)
Government of India
Ministry of Personnel, Public Grievances & Pensions
Department of Personnel & Training

3rd Floor, Lok Nayak Bhawan
Khan Market, New Delhi, the 13th of Sept, 2022

OFFICE MEMORANDUM

Subject :- International Millets Year-2023:- Video Conference for introduction of healthy and hygienic foods in the Departmental Canteens regarding.

The undersigned is directed to refer to Ministry of Health & Family Welfare's D.O. letter No.- G.2011/01/2016-HC dated 22.08.2022 (copy enclosed) on the above subject and to say that as per the proposal brought forward by Government of India, the U.N. General Assembly recently adopted a resolution, declaring 2023 as the International Year of Millets. The resolution is intended to increase public awareness on the health benefits of millets and their suitability for cultivation under tough conditions marked by climate change.

2. In view of the above, the departmental canteens are advised to restrict fried food items and aerated cold drinks in their menu and replace with healthy/ millets based food items.

3. In addition, a Video Conference is also proposed to be convened with all the nodal officers of departmental Canteens of Central Government Offices for introduction of healthy and hygienic foods in Departmental Canteens.

4. All the Ministries/ Departments are requested to furnish the details of the respective nodal officer (of the rank of Deputy Secretary/ Director or equivalent) looking after the charge of departmental canteen, who will attend the said Video Conference. The details may also be e-mailed at the ID – kb.malhotra@nic.in. **This may be given top priority.**



(Kulbhushan Malhotra)

Under Secretary to the Government of India

Tel No. :- 011-24646961

To,

1. All the Ministries/Departments of the Government of India as per the standard list. (Kind attention :- Director/Deputy Secretary Incharge, Administrative Division/ Wing for necessary action / further dissemination to Establishment/ Subordinate/ Attached Offices under their jurisdiction and administrative control.)
2. President's Secretariat, Rashtrapati Bhawan, New Delhi;
3. Vice-President's Secretariat, Maulana Azad Road, New Delhi;
4. Cabinet Secretariat, New Delhi;
5. Deputy Secretary (Admn.), DOPT, North Block, New Delhi;



No. 2446013/22/90 Adm (Admins) (1)



स्वास्थ्य एवं परिवार कल्याण मंत्रालय
भारत सरकार
Ministry of Health & Family Welfare
Government of India

D.O. No. G.20011/01/2016-HC.
Date: 22nd August, 2022

आलोक सक्सेना
अपर सचिव

Alok Saxena
Additional Secretary

Dear Ms. Rashmi Choudhary,

As you are aware, as a measure of staff welfare, Departmental Canteens functioning from Central Government Offices/Establishments/ attached and subordinate offices are providing beverages, snacks and meals to the employees. It is imperative to introduce hygienic and healthy food to be served to the employees in the Departmental Canteen which inculcate healthy food habits among government employees.

2. Keeping in view of the above target, Department of Health & Family Welfare has discontinued all fried/deep fried and cold drinks items from the menu of the Canteen and introduced healthy food items like Poha, Pao Bhaji, Moong Dal Chilla, Upama, Rajama Wrap and fruit shakes in Snacks; and Khichadi, Missy/bajara Roti, Dal, seasonal vegetables, curd etc. in lunch.

3. Also, as per a proposal brought forward by Government of India, the U.N. General Assembly recently adopted a resolution, declaring 2023 as the International Year of Millets. The resolution is intended to increase public awareness on the health benefits of millets and their suitability for cultivation under tough conditions marked by climate change.

4. In view of above, there is a need to propagate and encourage healthy and millets rich food among Government employees.

5. To achieve this goal, a video conference may be convened with the all nodal officers of Departmental Canteen of Central Government offices for introduction of healthy and hygienic foods in the Departmental Canteens. Shri Manmohan, Deputy Secretary who is looking after the charge of Welfare of this Department will be in touch with concerned officers of DoP&T.

6. Considering the importance of the matter, I request your personal attention in the matter and request you to instruct the concerned officials of your Department accordingly.

With regards,

Yours sincerely,

(ALOK SAXENA)

Ms. Rashmi Choudhary,
Addl. Secretary (Admn.)
Department of Personnel & Training,
North Block, New Delhi.