

INTER-MINISTRY BEST PHYSIQUE CHAMPIONSHIP-2018-19
RESULT

60KG

1. GAURAV KUKRETI, MEA
2. MEHAR SINGH, RAILWAYS
3. AJIT, FINANCE

65KG

1. MAHIPAL GAULIA, COM. IT
2. SANDEEP KUMAR, RAILWAYS
3. LALIT , RAILWAYS

70KG

1. KISHAN, FINANCE
2. NARESH, FINANCE
3. SURENDER SHARMA, CULTURE

75KG

1. AMIT KADIAN, LOK SABHA
2. RAJEEV NEGI, FINANCE
3. B MANIKAM , CULTURE

80KG

1. RAJENDER SINGH, HUA
2. PANKAJ, HEALTH
3. PYARE LAL, COM. IT

85KG

1. SUNIL KUMAR, LOK SABHA
2. ANAND S MANDIA, HEALTH
3. JAGDISH, RAILWAYS

90KG

1. PRASHANT, FINANCE
2. AJAY SHOKEEN, RAILWAY
3. ROHIT KHARI, RAILWAYS

100KG

1. ABHIMANYU KR., HEALTH
2. RAJESH KUMAR, DEFENCE
3. AJAY KUMAR, COM.IT

+100KG

1. RATTAN SINGH RANA, HEALTH
2. DEVESH SHARMA, HEALTH
3. AMIT KUMAR, DEFENCE


MAHESH PRASAD

CONVENER (POWERLIFTING & WEIGHTLIFTING)

INTER-MINISTRY POWERLIFTING CHAMPIONSHIP-2018-19
RESULT

59KG

1. ANIL KUMAR, DEFENCE
2. AJIT, FINANCE
3. MEHAR SINGH, RAILWAYS

66KG

1. KAUSHAL KUMAR, DEFCENC
2. GAURAV KUKRETI, MEA
3. LALIT, RAILWAYS

74KG

1. PYARE LAL, COM.IT
2. SUBODH RAWAT, RAILWAY
3. KISHAN HANDA, FINANCE

83KG

1. BALBIR TAMTA, CULTURE
2. ANAND S MANDIA, HEALTH
3. SUNIL KUMAR, LOK SABHA

93KG

1. JIWAN SINGH, HEALTH
2. DEVENDER, COM.IT
3. AMIT RAO, RAJYA SABHA

105KG

1. RATTAN SINGH RANA, HEALTH
2. DINESH, DEFENCE
3. AMIT KUMAR, DEFENCE

120KG

1. DEVESH SHARMA, HEALTH
2. RAJESH KUMAR, DEFENCE
3. AJAY KUMAR, COM.IT


MAHESH PRASAD

CONVENER (POWERLIFTING & WEIGHTLIFTING)

INTER-MINISTRY WEIGHTLIFTING CHAMPIONSHIP-2018-19
RESULTS

62KG

1. LALIT , RAILWAYS
2. ANIL KUMAR, DEFENCE
3. PRABHAKAR SHARMA, DEFENCE

69KG

1. KHUSHAL SINGH, DEFENCE
2. DHARAM PAL, RAILWAYS
3. UMESH SINGH, DEFENCE

77KG

1. SANDEEP KUMAR, TOURISUM
2. SUBODH RAWAT, RAILWAYS
3. R. C. CHOUDHARY, DEFENCE

85KG

1. RAJENDER SINGH, DEFENCE
2. RAJESH JANA, RAILWAY
3. MUKESH KR. ATTARI, DEFENCE

94KG

1. GAURAV CHAUHAN, DEFENCE
2. AMIT PANWAR, RAILWAYS
3. AJAY SHOKEEN, RAILWAYS

105KG

1. SURESH DAGAR, DEFENCE
2. DINESH, DEFENCE
3. MAHENDER SINGH, HUA

+105KG

1. SHEEL GAUTAM, DEFENCE
2. T.V.SINGH, DEFENCE
3. SKARIA K J , DEFENCE


MAHESH PRASAD

CONVENER(POWERLIFTING & WEIGHTLIFTING)

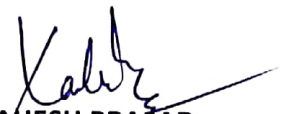
INTER-MINISTRY WOMEN POWERLIFTING CHAMPIONSHIP-2018-19
RESULTS

60KG

1. ISHA , RAILWAYS
2. ANJANA, RAILWAYS
3. SAKSHI SINGHAL, TOURISUM
4. SWATI, RAILWAYS

+60KG

1. SONIKA, I&B
2. RENU, DEFENCE
3. KANU KHURANA, RAILWAY



MAHESH PRASAD
CONVENER(POWERLIFTING & WEIGHTLIFTING)